

Human beings seeking refuge do not deserve this hell, says British doctor working in Lesbos refugee camp

38

19

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
24 Δεκεμβρίου 2019 ·



WANTEDINROME.COM

Rome remembers 37,000 refugees who died on way to Europe

27

14

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
18 Δεκεμβρίου 2019 ·

Urgent call for medical volunteers in December 2019 and January 2020!

Are you a doctor, nurse or pharmacist who could spare a minimum of 1 week to volunteer with an international charity providing medical care to refugees in Camp Moria, Lesbos?

We know this is a busy time of year for many, but the situation in Moria is dire, with refugees arriving daily and more vulnerable people coming to us with winter infections and illnesses.

Please register your interest at www.kitrinoshealthcare.org/volunteer, and share this message with anyone who may be able to help.

Thank you!

#KitrinosHealthcare #TeamKitrinos #Charity #volunteer
#Refugeecharity #Healthcarecharity #healthcare #UKcharity #refugee
#refugeecamp #refugeecamps #campmoriam #standwithrefugees
#medicalcharity #syrianrefugees #moriarefugeecamp



VOLUNTEER | kitrinos-healthcare
Volunteers are an essential part of the Kitrinos ...

VOLUNTEER | kitrinos-h
Volunteers are an essential p

16

4 44

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Τα πιο σχετικά

Abi Evans
I am an Advanced Paramedic Practitioner (Urgent Care), I have just registered to volunteer. Unfortunately I can only travel to Greece for 2 weeks (24th Jan - 7th Feb) does this mean I will be unable to volunteer as it is less than 3 weeks?
Μου αρέσει! Απάντηση 3 χρ.

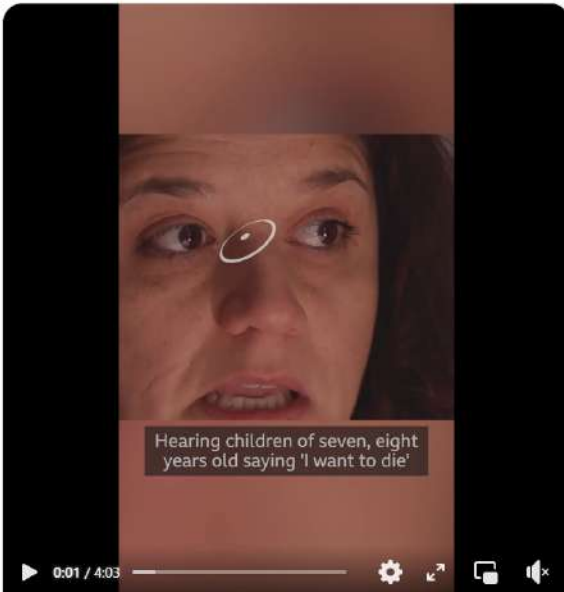
Team Kitrinos
Hi **Abi Evans**, apologies for the delayed response. It's great to hear you have registered; 3+ weeks is ideal but we do accept doctors who can only stay for 2 weeks, especially during particularly difficult times (such as over the winter period).
Μου αρέσει! Απάντηση 3 χρ.

Clara Bella Bumbanella
Mor Gan x
Μου αρέσει! Απάντηση 3 χρ.

Aímn Mahir
Do you need dentist/dental assistant ?
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Team Kitrinos
18 Δεκεμβρίου 2019 · 🌐



BBC News
18 Δεκεμβρίου 2019 · 🌐

An increasing number of children are self-harming and attempting suicide in the Greek migrant camp on Lesbos, according to psychologists working there.
Warning: Upsetting content
<https://bbc.in/36Q9PYj>


13
6

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
9 Δεκεμβρίου 2019 · 🌐





MSF.GR

Γιατροί Χωρίς Σύνορα: Εκστρατεία εμβολιασμού για τα παιδιά που ζουν στη Μόρια

5

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
9 Δεκεμβρίου 2019

****Last Chance to Donate****

There is less than one day left to donate to our Winter Appeal for The Big Give Christmas Challenge!

Thanks to the incredible generosity of our supporters, we have reached our target, but please don't stop donating - the more we raise, the better chance we have of winning The Christmas Challenge Award!

Please donate today to help us provide vital health care services to vulnerable refugees over the winter period.

<https://donate.thebiggive.org.uk/campaign/a051r00001OXS6NAAX>

#TheBigGive #ChristmasChallenge #TheBigGiveChristmasChallenge #TBGChristmasChallenge #ChristmasChallenge19 #ChristmasChallenge2019 #TBG #KitrinosHealthcare #TeamKitrinos #Charity #Refugeecharity #Healthcarecharity #healthcare #UKcharity #refugee #refugeecamp #refugeecamps #campmoria #standwithrefugees #medicalcharity #syrianrefugees #medicalcharity #donate #donationsneeded #donation #moriarefugeecamp



DONATE.THEBIGGIVE.ORG.UK

Medical Aid Moria: Caring for Refugees

Access to healthcare services in Moria Refugee Camp is severely li...

1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
6 Δεκεμβρίου 2019

London supporters ! We'll be running a stall at The 'Unapologetic Muslim' Annual Conference & Awards Ceremony at City University of London between 12 and 2pm tomorrow! It looks to be a very interesting event with panel discussions and workshops, so please do come along if you're in the area.

'Unapologetic Muslim' Annual Conference & Awards Ceremony
Saturday 7th December, 9.30am-6pm
City University
Northampton Square
London, EC1V 0HB

Click the link to find out more and get your ticket.
<https://absoc.co.uk/msc/609>



ABSOC.CO.UK
MSC | Muslim Student Council | ABSoc |



AhluBayt Islamic Societies

2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

6 Δεκεμβρίου 2019

Very sad news - a young mother has recently died in a fire in Kara Tepe Camp on Lesvos Island...

17

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

5 Δεκεμβρίου 2019

Sending out an enormous 'Thank You!' to everyone who has donated to our Winter Appeal for The Big Give Christmas Challenge so far - amazingly, we have already exceeded our campaign target!

Thanks to your effort, we are now eligible for the Christmas Challenge awards, meaning we could win additional funding - so please keep the donations coming to improve our chances! Remember, all donations will help us provide vital health care services to refugees trapped in Camp Moria.

<https://donate.thebiggive.org.uk/campaign/a051r00001OXS6NAAX>

#TheBigGive #ChristmasChallenge #TheBigGiveChristmasChallenge #TBGChristmasChallenge #ChristmasChallenge19 #ChristmasChallenge2019 #TBG #KitrinosHealthcare #TeamKitrinos #Charity #Refugeecharity #Healthcarecharity #healthcare #UKcharity #refugee #refugeecharity #refugeecamp #refugeecamps #campmorია #standwithrefugees #medicalcharity #syrianrefugees #medicalcharity #donate #donationsneeded #donation #moriarefugeecamp



DONATE.THEBIGGIVE.ORG.UK

Medical Aid Moria: Caring for Refugees

Access to healthcare services in Moria Refugee Camp is severely li...

2

5

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

3 Δεκεμβρίου 2019



MAILCHIMP

Today's the Day! DOUBLE your donation with The Big Give!!

3

1

Μου αρέσει! Σχόλιο Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

3 Δεκεμβρίου 2019 · 🌐



TODAY'S THE DAY!

Our Winter Appeal for 'The Big Give Christmas Challenge' is officially open for donations!

Remember - one donation, double the impact! There's just a one-week window to donate all you can via our campaign page (link below). The more you donate, the more we'll receive in match funding!

<https://donate.thebiggive.org.uk/campaign/a051r00001OX56NAAAX>

Thank you!

#TheBigGive #ChristmasChallenge #TheBigGiveChristmasChallenge #TBGChristmasChallenge #ChristmasChallenge19 #ChristmasChallenge2019 #TBG #KitrinosHealthcare #TeamKitrinos #Charity #Refugeecharity #Healthcarecharity #healthcare #UKcharity #refugee #refugeecharity #refugeecamp #refugeecamps



DONATE.THEBIGGIVE.ORG.UK

Medical Aid Moria: Caring for Refugees

Access to healthcare services in Moria Refugee Camp is severely li...

👍 1



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

2 Δεκεμβρίου 2019 · 🌐



There's only ONE DAY TO GO until we launch our Winter Appeal for 'The Big Give Christmas Challenge'!

Remember - one donation, double the impact! Between December 3rd-10th, please donate all you can via the link below. The more you donate, the more we'll receive in MATCH FUNDING !

View our campaign page here:

<https://donate.thebiggive.org.uk/campaign/a051r00001OX56NAAAX>

This page will be open for donations from 12PM (DST) tomorrow.

#TheBigGive #ChristmasChallenge #TheBigGiveChristmasChallenge #TBGChristmasChallenge #ChristmasChallenge19 #ChristmasChallenge2019 #TBG #KitrinosHealthcare #TeamKitrinos #Charity #Refugeecharity #Healthcarecharity #healthcare #UKcharity #refugee #refugeecharity #refugeecamp #refugeecamps



DONATE.THEBIGGIVE.ORG.UK

Medical Aid Moria: Caring for Refugees

Access to healthcare services in Moria Refugee Camp is severely li...

👍 6

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Μου αρέσει! Σχόλιο Κοινοποίηση
Γράψτε ένα σχόλιο...

Team Kitrinos
1 Δεκεμβρίου 2019 ·

'The child from the Congo was sent to an oncologist on November 10, who diagnosed symptoms of dehydration, possibly as a result of pathological causes.'



EURONEWS.COM
Baby dies in Moria migrant camp, MSF reveals
"We are absolutely devastated by this tragedy," MSF wrote on Twitt...

21 3

Μου αρέσει! Σχόλιο Κοινοποίηση
Γράψτε ένα σχόλιο...

Team Kitrinos
29 Νοεμβρίου 2019 ·

Ο χρήστης **Georgie Frew** είναι με τους **Mirali Patel** και **Gareth Knott**.
25 Νοεμβρίου 2019 ·

This December, **Mirali, Gareth & I** are going to Greece to volunteer with **Kitrinos Healthcare** - a charity providing healthcare to refugees in Camp Moria, Lesvos.

To find out more and donate to this fantastic charity check out our fundraiser at



TOTALGIVING.CO.UK
TotalGiving™ - Kitrinos: Providing healthcare for refugees in Lesvos, Greece - Kitrinos Healthcare - ...

9 1

Μου αρέσει! Σχόλιο Κοινοποίηση
Γράψτε ένα σχόλιο...

Team Kitrinos
25 Νοεμβρίου 2019 ·





Medical volunteer Shakirah performing Tapping on a woman in Camp Moria.

Volunteer TTT Training with Stress and Trauma Regulation Instructor, Gunilla Hamr.

KITRINOSHEALTHCARE.ORG

"Like magic!" How 'Trauma Tapping' helped one refugee interpreter...

17

1 3

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Elena Gogou well done Shakira! Μου αρέσει! Απάντηση 3 χρ.

Team Kítrinos 21 Νοεμβρίου 2019



Zaporeak Proiektua 21 Νοεμβρίου 2019

[eus] Lantegi Batuak Fundaziokoek 120 makuilu pare eta 3 gurpildun aukl eman dizkigute dohaintzan. Horrelako ekarpenak ongi etorriak dira eta kolaboratzen gabiltzan Kítrinos Healthcare GKEaren bitartez premiarik larriena dutenengana iritsiko dira. Benetan, mila esker. #soserefluxiatuak

[es] La Fundación Lantegibatuak_vsi nos ha donado 120 pareas de muletas y 3 sillas de ruedas. En colaboración con la ONG @KítrinosHealthcare Los distribuiremos a las personas de más necesidad. Muchas gracias de corazón. #soserefluxiatos

7

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kítrinos 18 Νοεμβρίου 2019



THEGUARDIAN.COM

Migrants from Libya not driven by hope of being rescued at sea – study

9

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
4 Νοεμβρίου 2019

MAILCHIMP

New Blog Post: "Like Magic!" How TTT helped one refugee interpreter...

"When I came here to this new country, I was experiencing so much pain in my chest that I thought I was having a heart attack. I got..."

8

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
31 Οκτωβρίου 2019

Volunteer doctors urgently needed to help in Lesbos!
Moria refugee camp is currently more than 4x over capacity. If you are a doctor with over 1 week availability this November, please fill out our medical volunteer application form at www.kitrinoshealthcare.org/volunteer and drop us an email at volunteer@kitrinoshealthcare.com



Volunteer doctors needed urgently! November 2019

9

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
26 Οκτωβρίου 2019





Aegean Boat Report
26 Οκτωβρίου 2019 · 🌐

So far this month a staggering 670 boats have started towards the Greek Aegean Islands, carrying 22962 people, only 32% have arrived, the rest, 68% have been stopped by Turkish Cost Guard and police.

Arrived:

Lesvos 72 boats, 2760 people
Chios 43 boats, 1356 people
Samos 33 boats, 1244 people
Kos 19 boats, 475 people
Leros 16 boats, 596 people
Others 32 boats, 853 people

Stopped:

455 boats, 15678 people.

For more detailed statistics and information, go to aegeanboatreport.com. / ABR Statistics.

Greek government is planing to relocate 10000 people to mainland in the next two months, to reduce population on the Greek Islands. They think this will make situation on the islands better than today, but that's not the case.

So far this month 7300 people have arrived, and it's likely that arrival numbers will not go down in the coming months. Today almost 35000 people live under extreme conditions on the Greek Islands.

The math is simple enough, if Greek governments manage to transfer 10000 people to the mainland, witch is highly unlikely, in the next two month, population will still increase on the islands. By the end of the year as many as 40000 people will be trapped on the Greek Islands, highest number ever recorded.

The effort from the Greek government seems like a desperate act, to please public opinion. It's just to little, to late, again..

Greece can not handle this alone, and Europe needs to step in and do their part, building higher walls and fences won't make this go away.

Pictures from some of the boats stopped so far this month, so that we don't forget that we are talking about people, not numbers..

👍 4

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

👤 Γράψτε ένα σχόλιο... 📎 😊 📷 🗨️

Team Kitrinos
21 Οκτωβρίου 2019 · 🌐

Dear friends,

We are recruiting volunteers for November and December 2019 and January 2020! If you are a doctor, nurse or pharmacist and would like to volunteer with us in Camp Moria, Lesvos, please go to www.kitrinoshealthcare.org/volunteer. We are also looking for non-medical volunteers to assist with day-to-day running of the clinic and our psychosocial support services.

Feel free to share this with anyone who may be interested!

#KitrinosHealthcare #TeamKitrinos #volunteer #charity #refugees #refugeecharity #NGO #Lesvos #Lesbos #refugeecrisis #Moria #CampMoria

👍❤️ 19

1 💬 18 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

Τα πιο σχετικά ▾

👤 Γράψτε ένα σχόλιο... 📎 😊 📷 🗨️

 **Shirley Mansfield** ·
Μου αρέσει! · Απάντηση · 3 χρ.

 **Team Kitrinos**
18 Οκτωβρίου 2019 · 🌐




MAILCHIMP
Donate Today to Help Us Keep Refugees Warm This Winter!

👍❤️ 4

👍 Μου αρέσει! · 💬 Σχόλιο · ➦ Κοινοποίηση · 🌐

👤 Γράψτε ένα σχόλιο...

 **Team Kitrinos**
10 Οκτωβρίου 2019 · 🌐

"For two weeks now, Ayesha has not opened her eyes. She has not spoken. She has not walked. She has what the mental health team believe could be one of the first cases of resignation syndrome it has seen here..."

Many refugees in Camp Moria have suffered devastating trauma in their home countries, from torture to witnessing the deaths of family members by bomb blasts. Having fled to safety, they now find themselves trapped in a filthy, overcrowded camp where, over recent months, at least one person has died in a fire and one teenager has been stabbed to death.

Children in Moria are struggling to understand why the world, to them, has always been such a terrifying and violent place. Some turn to self harm, and others are so traumatised, they enter a state of catatonia.

The worst part is, we are yet to see the full extent of the impact that this kind of long-term trauma will have on the 5,000 kids trapped in Camp Moria.

[#WorldMentalHealthDay](#) [#refugees](#) [#refugee](#) [#CampMoria](#) [#Lesvos](#) [#Lesvos](#) [#mentalhealth](#) [#mentalhealthawareness](#) [#PTSD](#) [#warchild](#) [#childrenofwar](#) [#Syrianrefugees](#) [#Afghanrefugees](#) [#healthcare](#) [#healthcareforrefugees](#) [#KitrinoosHealthcare](#) [#teamKitrinos](#)

THEGUARDIAN.COM
In Lesbos's Moria camp, I see what happens when a child loses all hope | Jules Montague

👍❤️👎 22

👍 Μου αρέσει! · 💬 Σχόλιο · ➦ Κοινοποίηση · 🌐

👤 Γράψτε ένα σχόλιο...

 **Team Kitrinos**
10 Οκτωβρίου 2019 · 🌐

Dear friends,

Today is [#WorldMentalHealthDay!](#)

Depression, post-traumatic stress and anxiety are issues we see every day in our clinic. In the camp setting, traditional 'talking therapies' are often inappropriate and ineffective, and re-living past events can even lead to patients becoming re-traumatised.

Kitrinos offer innovative physical therapy known as 'Trauma Tapping', which has measurable benefits, helping to reduce symptoms of stress, trauma, depression, anxiety and even aggression. One great thing about TTT is that it is easy to learn and pass on, so once our patients have been taught how to administer it on themselves, they can then teach it to their family members. With the help of our amazing volunteers, we have so far provided TTT to hundreds of refugees in Moria, helping to cause a 'ripple of healing' throughout the Moria community.

[#mentalhealth](#) [#trauma](#) [#PTSD](#) [#posttraumaticstress](#) [#depression](#) [#anxiety](#) [#reducethestigma](#) [#UKcharity](#) [#medicalcare](#) [#refugees](#) [#Lesvos](#) [#Lesbos](#) [#healthcareforrefugees](#) [#refugeecare](#) [#refugeehealthcare](#)



17

1 3

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Sandra Bahhur
Go Project Hope nurses learned TTT to help the refugees in Moria refugee camp...

Μου αρέσει! Απάντηση 3 χρ.

Ο χρήστης **Team Kitrinos** ενημέρωσε τη φωτογραφία εξωφύλλου.
9 Οκτωβρίου 2019 ·

Emergency Funds - particularly for those affected by desperate winter conditions..These funds mean that we can take care of those who are completely destitute such newly arriving families and children who are often not prepared for the severe winters on the islands of Greece...



3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
8 Οκτωβρίου 2019 ·

We've so far raised over £300 for our Winter Appeal - thank you to all who have donated!

Winter is a dangerous time for refugees, with freezing conditions not only causing hypothermia but also exacerbating health conditions and leading to burns and injuries from inappropriate heating.

Just £10 can buy a warm winter clothing set for a refugee in Camp Moria.

In only two weeks' time, we will be sending over sleeping bags and warm clothing to our clinic in Moria. Please donate what you can today so we can help as many refugees as possible stay warm this winter, and share this post to spread the word!

Thank you.

#WinterAppeal #refugees #refugee #teamKitrinos #KitrinosHealthcare #CampMoria #Lesvos #Lesbos #refugeecamp





TOTALGIVING.CO.UK

TotalGiving™ - Winter Appeal: Help us protect refugees from the cold - Kitrinos Healthcare - Fundraising Page

7 3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...


Team Kitrinos
 30 Σεπτεμβρίου 2019 ·



THEGUARDIAN.COM

Riots at Greek refugee camp on Lesbos after fatal fire
 Crowd gathers at camp, angry at time taken by authorities to put o...

18 10

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά ▾

Γράψτε ένα σχόλιο...


M Fayaz Amiri
 Hi, Can you explain something about merging, please?
 My wife lives a few months in Moria comp, but I live in Germany.

Μου αρέσει! Απάντηση 3 χρ.


Team Kitrinos
 29 Σεπτεμβρίου 2019 ·

Large Fire Breaks Out in Refugee Camp of Moria on Lesbos

GREECE.GREEKREPORTER.COM

Large Fire Breaks Out in Refugee Camp of Moria on Lesbos | GreekReporter.com

25 22

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...


Team Kitrinos
 29 Σεπτεμβρίου 2019 ·

'Khalid smokes shisha and sips tea with his friends: Khalid and his family of 10 came from Raqqa and [the eastern Syrian province of]

Deir Ezzor. Khalid arrived in Moria only two days before DW met him, yet it's clear to him already that they have a long way to go before they can leave. The weather conditions are their biggest concern. Rain, snow, cold snaps. They're aware that the camp and the tents are not prepared for cold weather conditions.

"This is not a safe place," he said. "Going through what we went through is like living in a psychological war. Guess how old I am? I am 30 but I look much older."



DW.COM

Lesbos: Hellish conditions for refugees in Moria | DW | 12.09.2019



Μου αρέσει! Σχόλιο Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

24 Σεπτεμβρίου 2019 ·



MAILCHIMP

Help us Restore the Dignity of Refugee Women...

Women we have spoken to in Moria regularly ask for clean hijabs - scarves worn by many Muslim women to maintain modesty and privacy. This i...



Μου αρέσει! Σχόλιο Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

21 Σεπτεμβρίου 2019 ·

"I arrived a couple of weeks ago with my husband and my 18-month-old baby, Sana," says 23-year-old Saghar from Afghanistan. "We're from Herat and we left because of the war and for a better future as we are educated. [Moria's] living conditions are inhumane. I am afraid as my family's tent is in an area where there are mostly single men who drink and shout throughout the night. My baby hasn't been able to sleep since we arrived."

DW.COM

Lesbos: Hellish conditions for refugees in Moria | DW | 12.09.2019



Μου αρέσει! Σχόλιο Κοινοποίηση



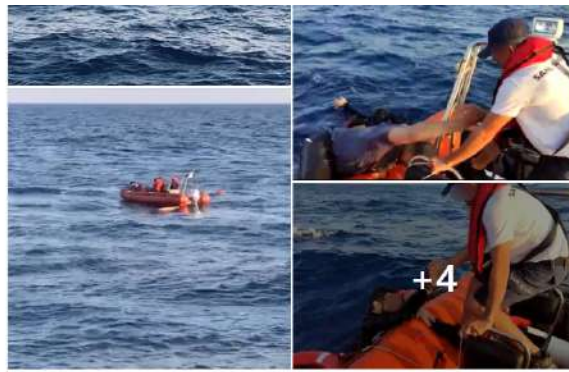
Γράψτε ένα σχόλιο...



Team Kitrinos

20 Σεπτεμβρίου 2019 ·





Aegean Boat Report
20 Σεπτεμβρίου 2019 · 🌐

This morning disaster strikes again, when a boat carrying 16 people capsized outside Bodrum Turkey. 15 people was rescued, but sadly one baby is missing, suspected drowned.

Turkish Coastguard located people in the water 07.00, from a boat heading towards Kos.

Several boats and a helicopter participated in the rescue operation, but the baby was not found, another pointless death..

👍👎👏 14

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👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...



Felicia Hutchison ...



Μου αρέσει! Απάντηση 3 χρ.



Team Kitrinos
18 Σεπτεμβρίου 2019 · 🌐

Donate to our Hijab Appeal!

<https://www.totalgiving.co.uk/appeal/hijabsforrefugees>

Due to inadequate sanitation facilities, many refugees in Camp Moria often go weeks without being able to change or properly wash their clothes.

Women we have spoken to regularly ask for clean hijabs - scarves worn by many Muslim women to maintain modesty and privacy. Wearing hijab is a way to express religious beliefs as well as direct people's gazes away from the body and towards the face.

JUST £2 will buy a hijab for a refugee woman living in Camp Moria - please donate all you can to help us preserve the dignity of our refugee sisters!

Thank you,

#TeamKitrinos

#kitrinoshealthcare #refugees #refugeewomen #hijabs #hijab #CampMoria #Lesvos #Lesbos #Moria #charity #charitycampaign #donate #supportMuslimwomen #supportrefugees



👍👎 21

3 💬 2 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

Όλα τα σχόλια ▾

Γράψτε ένα σχόλιο...

Dee Dee
Deanna Kaakour ...
Μου αρέσει! Απάντηση 2 εβδ.

Jamie Guinnup Atari
I have soooo many to donate. How ? ...
Μου αρέσει! Απάντηση 1 χρ.

Team Kitrinos
Hi Jamie, thank you very much for your kind offer!
Could you please email us at comms@kitrinoshealthcare.com and let us know approximately how many you have and whether they're used/unused/washed/packaged etc? Thank you!

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Team Kitrinos
17 Σεπτεμβρίου 2019 · 🌐

'In the early hours of September 4, two dinghies landed on the northern shores of Lesbos carrying 81 people from Afghanistan: 22 men, 19 women, 40 children.

Several hours later Frontex, the EU's border agency, brought 40 people to the port of Skala Sikamineas; a small village in northern Lesbos where thousands of people pass through on their way to Europe. As they disembarked the boat their faces told a story of fear and exhaustion. Covered in emergency foil blankets they walked shivering towards the designated area in which volunteers distributed water and food and the authorities separated women and children from men in order to take them to Stage 2, a transit camp where people go before they are transferred to Moria.'



DW.COM
Lesbos: Hellish conditions for refugees in Moria | DW | 12.09.2019

👍👎👏 17 2 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

Γράψτε ένα σχόλιο...

Team Kitrinos
17 Σεπτεμβρίου 2019 · 🌐

We would like to say a huge Thank You to volunteers Dr Richard and Liz, who kindly organised a 'creative fundraising event' on August 31st in aid of Kitrinos Healthcare, raising an amazing £5,000!

In Camp Moria, Liz was instrumental in setting up our 'Trauma Tapping' room, where we offer tapping therapy to patients suffering from stress and mental health issues.

To read about Richard's time as a volunteer, take a look at his [#volunteerdiaries](http://www.kitrinoshealthcare.org/blog) blog post on our website: www.kitrinoshealthcare.org/blog

[#volunteer](#) [#volunteers](#) [#charity](#) [#NGO](#) [#medicalcharity](#) [#KitrinosHealthcare](#) [#teamkitrinos](#) [#refugeecharity](#) [#refugees](#) [#CampMoria](#) [#Lesvos](#) [#Lesbos](#)





14

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

16 Σεπτεμβρίου 2019

"More and more of these kids stop playing, see nightmares, are afraid to get out of their tent and start retiring from life," says Kathryn Bruback, a mental health officer in Lesbos. "Some of them just stop talking. With overcrowding, violence and lack of security in the camp increasing, the situation for children is getting worse day by day. In order to prevent permanent damage, these children must leave the Moria camp immediately."



KEEPTALKINGGREECE.COM

MSF: 3 migrant children attempted suicide, 17 had injured themselves

15

37

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

16 Σεπτεμβρίου 2019

Did you know that there are many different ways you can support Kitrinos Healthcare? Can't afford to donate or don't have time to volunteer? No Problem! A share on social media or a chat with a friend about the situation in Camp Moria and our work on the ground can be just as important.

Do you have any fundraising ideas not mentioned here? Put them in the comments to inspire others!

#KitrinosHealthcare #teamkitrinos #UKCharity #donate #fundraise #fundraisingideas #fundraising #refugees #CampMoria #medicalaid #refugeecharity #Lesvos #Lesbos



How you can support Kitrinos Healthcare

Donate

All donations directly fund our work in Camp Moria.

kitrinoshealthcare.org/donate

Volunteer

Are you a doctor, nurse or

Spread the word

Share our posts and tell your friends!

Fundraise

- marathon
- sponsored walk

Are you a doctor, nurse or pharmacist? Volunteer with us!
kitrinoshealthcare.org/volunteer



- sponsored silence
- cake sale
- garage sale (books, clothes, knick-knacks)
- busking
- coffee morning
- Online crowdfunding

Subscribe

Subscribe to our mailing list for weekly updates:
kitrinoshealthcare.org

Kitrinos Healthcare | Registered Charity no. 1172586 | www.kitrinoshealthcare.org

9 4

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
9 Σεπτεμβρίου 2019

Dear friends,

Dr. Albert will be joining us as a volunteer in our Camp Moria clinic this October, and has kindly created a crowdfunding page for us on GoFundMe. He's reached 10% of his goal so far - please show your support and make a donation!

Feel free to follow Albert on instagram @drbellvert, where he will be sharing more about his plans and upcoming trip to Moria.

#volunteer #KitrinosHealthcare #TeamKitrinos #refugees #CampMoria #Moria #Lesvos #Lesbos



GOFUNDME.COM

Click here to support COLABORA CON AYUDA MÉDICA EN LESBOS organized by Albert Bellvert Rios

7 1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
4 Σεπτεμβρίου 2019

'The mass arrival of migrants and refugees on Lesvos two days ago, alerted the Greek government with Prime Minister Kyrakos Mitsotakis to have called for an urgent meeting of the Government Council for Foreign Affairs and Defence (KYSEA) on Saturday morning. Decongestion of the hotspots on the islands, and especially Moria, are high priority of the government.

There is a 25% increase of arrivals during the summer months, that is 5,000 more people, state broadcaster ERT reported.

One of top priorities is to decongest the hotspots on the islands of the Eastern Aegean Sea, starting with the hotspot of Moria on Lesvos.'





KEEPTALKINGGREECE.COM

Greece decides to decongest hotspots, change asylum procedures

9 likes 1 share

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
2 Σεπτεμβρίου 2019

'Foreign Minister Nikos Dendias summoned the Turkish ambassador to Athens in order to express Greece's deep dissatisfaction over the increased influx of migrants from Turkey, that culminated with the unprecedented mass arrivals of more than 500 people on the island of Lesbos on Thursday.'



KEEPTALKINGGREECE.COM

Greek FM summons Turkey's Ambassador over mass migrants' arrivals

Foreign Minister Nikos Dendias summoned the Turkish ambassador to Athens in order to express Greece's deep dissatisfaction over the increased...

3 likes

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
30 Αυγούστου 2019

We have just received news that the population of Moria is now almost 11,000. This is the highest it has been since the peak of the crisis in 2015 - an enormous four times its intended capacity. Many, including families, are living and sleeping out in the open because there are no more tents.

#CampMoria #KitrinosHealthcare #Lesvos #Lesbos #refugees #refugeecrisis

31 reactions 1 comment 27 shares

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Farid Ahmad Ghazi
Hello From Moria Camp. Lesvose Island.
The containers and tents of Moria camp on lesvose feel like a dead end for many migrants and who have traveled weeks or months and paid people smugglers often large sums of money to reach Europe Union.the conditions is really horrible for everyone inside the camp. every day new people arrivals all the time. the patience is not only a virtue it is a necessity for residents of Moria camp on lesvose they spend most of the day lining up for meals medicine and papers work. many have learnt the words in Greek(perimene)sometimes the wait leads to tension and fight. many people have physical fights together. this is what are going to happen inside the camp. overcrowding sparks tensions the fact that people have tensions and problems.there a lot of people living in horrible situations and small tents.these people have left their countries. when the camp's population reached (8000)or

more than, the Greek Government must decide to move residents deemed among the most vulnerable to mainland Greece that has bring the populations down, but it's still well above the suspended maximum capacity of many people. the reason why so many migrants and refugees are packed into Moria camp is due to the Europe Union hotspots policies. Lesvos has been designed as a so called hotspot, where identification and asylum requests are concentrated. so while in (2015) migrants and refugees moved off from this island quickly. Most now have to stay while their asylum applications are processed, this can take months or more than a year. as a journalist I don't feel safe at night and during the day. I live in Moria camp about one year and four weeks, but at night people drink alcohol and come inside. last week previously a 15 year old Afghan boy dead . nevertheless many don't feel safe it is dangerous. if someone is drinking he's no longer himself. everyday was fighting inside the camp. the main section of the camp is split into separate areas for families and single under age . camp residents who come from over different countries like Afghanistan, Iran, etc...are familiar with the phrase (Moria No Good) they repeat it in English and own language. the miserable living conditions are a source of constant criticism by international humanitarian organizations working on this island. I am very worried about this situation. This is The Europe Union Responsibilities to pay seriously attention about the conditions and situation of refugees in this camp. Peace For ALL



Μου αρέσει! · Απάντηση · 3 χρ.



Team Kitrinos

30 Αυγούστου 2019 · 🌐

On Thursday 29th of August 2019, a total of 17 boats arrived in Lesvos, carrying refugees fleeing violence. According to Aegean Boat Report, 13 boats arrived all within 30 minutes - this has not happened since 2015. The 13 boats were crammed with 546 people.



Aegean Boat Report

29 Αυγούστου 2019 · 🌐

ترجمه در پایین / الترجمة تحت

13 boats have just landed in the outskirts of Skala Sykamineas, Lesvos north, all arrived in the same location within 30 minutes. Last time this happened was in 2015.

Around 17.20, several boats was spotted on it's way towards Skala, soon it was clear that 13 boats had past in to Greek waters.

MoChara, the rescue boat from Refugee Rescue, guided the boats in towards a safe landing spot in the outskirts of Skala Sykamineas called stage 1, where shore response teams from Lighthouse Relief

amongst others, was already waiting.

Total number of people from the 13 boats was 547 people.

Earlier today, 03.30, a boat carrying 31 people was picked up outside Molivos, Lesvos north by HCG.

Reports on one boat that landed in Skala Mistegnon and one in Thermi earlier today, no numbers available at this time.

This brings today's arrivals on Lesvos up to 16 boats and approximately 650 people.

Also reports on a boat picked up east of Kos by HCG 10.10.

20 people

Numbers not confirmed.

PictureCredit:

Serdar M. Degirmencioğlu

13 قاربًا ووصولًا لثمة في شمال ليسفوس ووصلوا جميعًا إلى نفس الموقع في غضون 30 دقيقة. آخر مرة حدث هذا كان في عام 2015.

في حوالي الساعة 17:20 شوهد العديد من القوارب في طريقها نحو منطقة سكالا وسرعان ما أصبح واضحًا أن 13 قاربًا دخلت المياه اليونانية.

وقاد موشارا قارب الإنقاذ من Refugee Rescue القوارب نحو مكان آمن للهبوط في ضواحي سكالا سيكامينياس تسمى المرحلة الأولى. حيث كانت فرق الاستجابة الساحلية من Lighthouse Relief من بين آخرين تنتظر بالفعل للمساعدة.

وكان العدد الإجمالي للأشخاص من القوارب 546 شخص.

في وقت سابق اليوم في الساعة 03:30، وصل قارب يحمل 31 شخصًا في شمال ليسفوس عن طريق الخفر اليوناني.

تقارير عن قارب واحد وصل في سكالا ميستغنون وآخر في ثيرمي في وقت سابق اليوم، لا توجد أرقام متاحة في هذا الوقت.

وبذلك يرتفع عدد الوافدين إلى ليسفوس حتى 16 قاربًا وحوالي 650 شخصًا.

تقارير أيضًا عن قارب وصل شرق كوس بمساعدة قوات حرس السواحل اليونانية ساعة 10.10.

20 شخصًا

الأرقام غير مؤكدة.

الصور عن طريق

سردار م. ديجيرمينسيو أوغلو.

١٣ قايق به جنوب جزيره لسبوس در دل منطقه اسكالا سيكامينياس در عرض ٣٠ دقيقة به ساحل رسيدند، دفعه پيش كه اين اتفاق افتاد سال ٢٠١٥ بود.

حوالی ساعت ١٧:٢٠ گزارش رسيد كه چندين قايق به سمت اسكالا سيكامينياس در حال حركت هستند، و به زودي قايق ها وارد مرز آبی کشور يونان شدند.

موشارا/MoChara، قايق نجات سازمان نجات پناهندگان/Refugee Rescue، قايق هارا به سمت ساحل امنی برای رسيدن در منطقه اسكالا سيكامينياس، منطقه ای كه به استیج ١ معروف است هدايت كرد، جایی كه گروهی از رضاكاران تيم امداد فانوس دريايی/Lighthouse Relief در بين بقیه رضاكاران، آماده و منتظر بودند.

تمام تعداد نفراتی كه با این ١٣ قايق آمدند ٥٤٧ نفر بود.

همچنين صبح زود امروز، در ساعت ٠٣:٣٠ يك قايق كه ٣١ نفر را در بر داشت توسط گارد ساحلی يونان، در شمال لسبوس و در بيرون از شهر موليووس به بندرگاه آورده شد.

همچنين گزارش رسيدن يك قايق به منطقه اسكالا ميستگنون و يك قايق ديگر به منطقه ترمي به دست رسیده است، تعداد نفرات در حال حاضر در دسترس نيست، این يعنی ١٦ قايق امروز به جزيره لسبوس رسیده است و تقريباً ٦٥٠ نفر را به همراه داشته اند.

همچنين گزارش شده كه يك قايق توسط گارد ساحلی يونان در ساعت ١٠:١٠ صبح در شرق جزيره كوس به بندرگاه آورده شده است.

٢٠ نفر

تعداد نفرات تايبید نشده است

امتیاز تصاویر به: Serdar M.degirmencioğlu



👍 Μου αρέσει!

💬 Σχόλιο

🔗 Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

28 Αυγούστου 2019

'The majority of [the migrants] have reportedly sought asylum.

For minors who were found to belong to evicted families and were not unaccompanied, police began searching for accommodation to move in together with their parents. However, the Ministry of Immigration Policy did not specify, in what open structures the families would be accommodated and whether these structures have been found.'





KEEPTALKINGGREECE.COM

Evicted migrants in Exarchia to either land in hot spots or be deported

👍👎👏 5

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση

👤 Γράψτε ένα σχόλιο...

Team Kitrinos 27 Αυγούστου 2019 · 🌐

'Meanwhile, a regional court in Germany last month ruled to suspend the transfer of a Syrian national to Greece due to the risk that he would be returned to Turkey, Deutsche Welle Turkish reported last week.'



KEEPTALKINGGREECE.COM

Greece resumes migrants deportations to Turkey

Greece says it is restarting deportations of migrants to Turkey in an...

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση

Team Kitrinos 26 Αυγούστου 2019 · 🌐

'Refugee families, men and women, some 143 people boarded in police buses and taken to the Aliens Directorate [in Athens]. Many were seen holding their babies and young children in their arms.'



KEEPTALKINGGREECE.COM

Police raids 4 squats in Exarchia, removes migrants and their babies

👍👎 6

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση

👤 Γράψτε ένα σχόλιο...

Rahmat Poya The amount is Morethanthat

mentioned. In a very bad situation I'm one of them.

Μου αρέσει! Απάντηση 3 χρ.



Team Kitrinos

25 Αυγούστου 2019 · 🌐



THEGUARDIAN.COM

Nearly 900,000 asylum seekers living in limbo in EU, figures show

👍👎👏 5

1 💬

👍 Μου αρέσει!

💬 Σχόλιο

🔗 Κοινοποίηση



Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...



Els Peartree

Limbo is a very bad place to be ...

Μου αρέσει! Απάντηση 3 χρ.



Team Kitrinos

25 Αυγούστου 2019 · 🌐

The Kitrinos team are immensely saddened to hear of the tragic death of an unaccompanied minor in Camp Moria, and that two refugees have been injured.



EKATHIMERINI.COM

15-year-old Afghan kills compatriot at refugee camp | Kathimerini

👍👎👏 20

4 💬 17 🔄

👍 Μου αρέσει!

💬 Σχόλιο

🔗 Κοινοποίηση



Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...



Greg Shay

Bruce Murray

Shuaib Quraishi 🙄 ...

Μου αρέσει! Απάντηση 3 χρ.



Shuaib Quraishi

This is a sad state of affairs..that particular area is a controlled area..just imagine what is happening undocumented in the uncontrolled jungle area ...

Μου αρέσει! Απάντηση 3 χρ.



Greg Shay

Shuaib Quraishi there is so much suffering in the world right now. It grates at my heart and consumes my mind. ...

Μου αρέσει! Απάντηση 3 χρ.



Shuaib Quraishi

Greg Shay agree

Μου αρέσει! Απάντηση 3 χρ.

Απαντήστε στο χρήστη Greg Shay...



Team Kitrinos

24 Αυγούστου 2019 · 🌐

'With the systems and infrastructure in place, Greece's outgoing Migration Policy Minister Dimitris Vitsas said last month that the country only has the capacity to process 20,000 asylum applications every year, whereas the number of applications received in 2018 were 67,000.'



INFOMIGRANTS.NET

Refugee, migrant numbers rising in Greece this year

The refugee crisis in Greece continues as EU border agency Frontex...

👍👎👏 13

2 ↗

👍 Μου αρέσει!

💬 Σχόλιο

➦ Κοινοποίηση



Γράψτε ένα σχόλιο...



Ο χρήστης **Team Kitrinos** ενημέρωσε τη φωτογραφία εξωφύλλου.

20 Αυγούστου 2019 · 🌐



👍👎👏 31

3 ↗

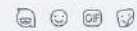
👍 Μου αρέσει!

💬 Σχόλιο

➦ Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

20 Αυγούστου 2019 · 🌐

'[Greece] has been welcoming huge influxes of refugees since the outbreak of the crisis in 2015, and it is still struggling to cope with the thousands of asylum seekers at camps across the country. Many live in dire conditions at camps like Moria on Lesbos, as well as on Chios and Samos. Overall, it is estimated that Greece's population of asylum seekers will surpass the 90,000 mark by the end of 2019 at current rates.'



Refugee, migrant numbers rising in Greece this year

The refugee crisis in Greece continues as EU border agency Frontex...

11

2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Ο χρήστης **Team Kitrinos** ενημέρωσε τη φωτογραφία εξωφύλλου.
12 Αυγούστου 2019



9

2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
12 Αυγούστου 2019

Well done to little Yusuf for a big achievement and much need support! Especially during the special days of dhulhijjah. Hope you are having wonderful Eid ul Adha celebrations with your family... please contact admin@kitrinoshealthcare.com so that we can get your T-Shirt to you ?
- Dr Siyana



Συγκεντρώθηκαν 70 £ για τον μη κερδοσκοπικό οργανισμό Kitrinos...

Δωρεά

4 άτομα έκαναν δωρεές.



Ο χρήστης **Lubna Zakeria** συγκεντρώνει χρήματα από δωρεές.
4 Αυγούστου 2019

Yusuf has finished Ride London Alhamdulillah! Please support him by donating to Kitrinos in these blessed days of dhul hijjah.
[Kitrinoshttps://www.muslimgiving.org/yusufscharityride](https://www.muslimgiving.org/yusufscharityride)

6

1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
11 Αυγούστου 2019

Wishing everyone a very happy Eid Al-Adha 2019! Have a read of our Eid mail-out below to learn how [#TeamKitrinos](#) are helping residents

of Greek refugee camps celebrate today.



MAILCHIMP

Happy Eid Al-Adha from Kitrinos Healthcare!

Dear friend, Happy Eid Al-Adha 2019! Today, thousands of people in refugee camps across Greece will be celebrating this 'second Eid' to...

5

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

8 Αυγούστου 2019

Thank you everyone who has donated to the Kitrinos Healthcare online appeal for Meat For Refugees. Through cooperation with SWAN and Team Humanity we have now raised enough meat for the refugees in Lesvos Island; where the need is indeed the greatest as about 8000 people live in Moria refugee camp.

We have had requests to supply meat to other camps across Greece. For this we are requesting as little as £5 for a kilo of meat (hoping to raise enough for a whole sheep which costs about £65).

These additional requests are for "Lillah" Qurban. Our intention is that the Muslims who celebrate will get some halal meat in a place where it is not easily available; and the usual camp food consists of potatoes in tomato sauce. Please donate what you can. Every donation helps us offer food to more people.



TOTALGIVING.CO.UK

TotalGiving™ - Meat for Refugees, Eid Al Adha 2019 - Kitrinos Healthcare - Fundraising Page

8

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

7 Αυγούστου 2019

Thanks so much to Kitrinos supporter Yusuf, who cycled the Ride London 46 last Sunday in aid of Kitrinos! What an amazing achievement, Yusuf. And thanks so much for raising a fantastic £430 so far, for our essential work in refugee camps across Greece. You can support Yusuf's fundraiser via the link below.



MUSLIMGIVING.ORG

Online fundraising, fundraising ideas, donate online - MuslimGiving

Donate & fundraise with MuslimGiving, first dedicated muslim online fundraising platform

6

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

6 Αυγούστου 2019

Thank you so much to everybody who has donated to our Eid campaign Meat for Refugees, which raised an incredible £800, and a further £900 from offline donations. There are an estimated 8000 refugees in Camp Moria, and we hope to offer the meat to as many people as possible.

We are also delighted at the warm response we received to our Gifts for Refugee Kids appeal, which raised £500.

It means the world to us to receive support from like-minded friends, who share our determination to give a humble offer of food and treats to adults and children trapped in refugee camps.

Stay tuned for our upcoming reports, which will share the work that we are able to do all thanks to your support. To follow our work, you can subscribe to our website www.kitrinoshealthcare.org, or have a look at our latest reports at <https://www.kitrinoshealthcare.org/achievements>.



9

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
2 Αυγούστου 2019 ·



MAILCHIMP

Eid Campaigns: less than two weeks to donate!

Eid Al-Adha 2019 will soon be upon us, and thousands of people trapped in Camp Moria will be spending this holy celebration in a dirty,...

4

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
2 Αυγούστου 2019 ·

There are currently an estimated 8000 refugees in Camp Moria who have been queuing for hours every day, for small meals. Let's give the men, women and kids proper food this month, through donating to our Meat for Refugees fundraiser.

Last year we raised enough to purchase 12 sheep. Please donate so that we can offer meat to as many people as possible. With the cost of one sheep £65, every donation helps us meet our goal of offering food to more Moria residents.

TOTALGIVING.CO.UK

TotalGiving™ - Meat for Refugees, Eid Al Adha 2019 - Kitrinos Healthcare - Fundraising Page

8

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

2 Αυγούστου 2019 · 🌐



Chicago followers: 'The National Hellenic Museum (NHM) will host a conversation with MedGlobal Doctors John Kahler and Peter Houck on the current state of the refugee crisis in Greece on Sunday, August 11, 2-4 PM.'

Our friends at MedGlobal have done incredible work with Kitrinos in Camp Moria, do come along to hear more.

THENATIONALHERALD.COM

National Hellenic Museum to Host Conversation about Current State of Refugee Crisis - The National Herald

👍 10

2 ➦



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

30 Ιουλίου 2019 · 🌐



Dear friends,

On August 11th, thousands of people trapped in Camp Moria will be celebrating the Islamic holiday of Eid Al-Adha in a dirty, overcrowded refugee camp.

The 2,000+ children living in Moria deserve a happy Eid. We are raising money to purchase sweets and treats, which we will be giving to kids in Moria over Eid Al-Adha.

Please help us bring a smile to their faces by donating today:
www.totalgiving.co.uk/appeal/eidaladhagiftsforkids

Thank you!

#Eid #Eid2019 #EidAlAdha #EidAlAdha2019 #Moria #CampMoria #Lesvos #refugees #childrefugees #refugeecharity #wecare



👍 4



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

30 Ιουλίου 2019 · 🌐



Volunteers Needed this September!

Go to www.kitrinoshealthcare.org/volunteer to register your interest.

#volunteer #KitrinosHealthcare #teamKitrinos #refugees #campMoria



VOLUNTEERS NEEDED!

Are you a doctor, nurse or GP?

Do you want the opportunity to work with a registered charity providing vital healthcare to refugees in Camp Moria, Greece?

Kitrinos Healthcare is recruiting volunteers for **September 2019**.

Register your interest today: Sign up via our website at www.kitrinoshealthcare.org/volunteer

19 5 15

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Ez Crumbe
GPs are doctors! ...

Μου αρέσει! Απάντηση 3 χρ.

Farid Ahmad Ghazi
From another countries? Refugee people? ...

Μου αρέσει! Απάντηση 3 χρ.

Συντάκτης
Team Kitrinos
Hello **Farid Ahmad Behzad**, I'm afraid I don't quite understand your question? ...

Μου αρέσει! Απάντηση 3 χρ.

Farid Ahmad Ghazi
Kitrinos Healthcare
I mean
Need volunteer from another countries or volunteer from refugee inside the camp? ...

Μου αρέσει! Απάντηση 3 χρ.

Συντάκτης
Team Kitrinos
We need licensed medical doctors and nurses from outside the camp. Medical volunteers can come from both Greece or outside Greece, as long as they are an English speaker and are able to send us the necessary documentation to volunteer. Thank you for your question Farid ...

Μου αρέσει! Απάντηση 3 χρ.

Απαντήστε στο χρήστη Farid Ahmad...

Γράψτε ένα σχόλιο...

Team Kitrinos
28 Ιουλίου 2019 ·



DAILYSABAH.COM

Readmission agreement with EU no longer functional, Ankara says

4 2

Μου αρέσει! Σχόλιο Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

27 Ιουλίου 2019 · 🌐



Update:

This month in Camp Moria, the new arrivals area has been so over capacity that, during a busy weekend, the big tent ran out of blue foam 'mattresses'. This meant that those without a mattress had no choice but to sleep uncomfortably on the concrete floor. The new arrivals included an unaccompanied 13-year-old with no possessions.

👍 34

4 ↗



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

27 Ιουλίου 2019 · 🌐



'Cruise Ship Rescues 111 Migrants'

On Saturday 20th of July, the cruise ship 'Marella Discovery' rescued 111 refugees off the coast of Greece, including 33 children. Click the link below to learn more...



MARITIME-EXECUTIVE.COM

Cruise Ship Rescues 111 Migrants

The cruise ship Marella Discovery rescued 111 migrants, including ...

👍 22

4 ↗



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

26 Ιουλίου 2019 · 🌐



Mountains of dumped lifejackets reveal migrant trade Europe would like to forget (article from 2018)



MIRROR.CO.UK

Mountains of dumped lifejackets reveal migrant trade Europe would like to forget

👍 16

1 ↗



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

Team Kitrinos 25 Ιουλίου 2019 · 🌐

The Kitrinos team were deeply saddened to hear of the 11th of June shipwreck in Lesvos, which tragically took the lives of five adults and two children who had attempted to flee persecution from their home countries.

On the 19th of July was the funeral of one of the drowned children, who was only 5 years old. UNHCR facilitated the transportation of the mother of the child and of members of the Congolese community, and Caritas covered the cost of the ceremony.

RELIEFWEB.INT

Operation off Lesvos, Greece - 7 Confirmed Drowned, 57 Rescued on Mediterranean's Busiest Route - Greece

👍❤️👍 19

6 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

👤 Γράψτε ένα σχόλιο...

Team Kitrinos

17 Ιουλίου 2019 · 🌐

Human Rights Watch: "End the unlawful practice of detaining unaccompanied migrant children in so-called "protective custody" in police station cells and pre-removal detention centers across the country, and find space for them in open facilities with decent living conditions where they can receive care and counseling, and have access to legal aid and other basic services.

End the institutionalization of children with disabilities. Many children with disabilities are forced to live in institutions, sometimes kept in cage-beds and/or tied to their beds, which shows little respect for their rights, dignity, and overall well-being. The new government should ensure a systematic shift from institutionalization to family-based care and independent living."



HRW calls on PM Mitsotakis to protect rights of refugee children



HRW calls on PM Mitsotakis to protect rights of refugee children

👍❤️👍 4

1 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

👤 Γράψτε ένα σχόλιο...

Team Kitrinos

14 Ιουλίου 2019 · 🌐

"Authorities are again registering unaccompanied children as adults," an NGO worker told me. Human Rights Watch documented in 2017 how unaccompanied migrant children on Lesbos were being incorrectly identified as adults and housed with unrelated adults,

leaving them vulnerable to abuse and unable to access care they need. The government took steps to halt what was happening, but it seems to have re-started.'

RELIEFWEB.INT

The Greek Islands' Forgotten Emergency - Greece

English News and Press Release on Greece about Health, Protectio...

👍👎👏 19

4 ↻

👍 Μου αρέσει!

💬 Σχόλιο

➦ Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

13 Ιουλίου 2019 · 🌐

"The new prime minister should outline how he intends to guarantee human rights for everyone in Greece," said Eva Cossé, Greece researcher at Human Rights Watch. "A first priority should be ending the scandalous and abusive detention of unaccompanied children in police lockups and detention centers."



HRW calls on PM Mitsotakis to protect rights of refugee children

HRW calls on PM Mitsotakis to protect rights of refugee children

👍👎👏 7

1 ↻

👍 Μου αρέσει!

💬 Σχόλιο

➦ Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

12 Ιουλίου 2019 · 🌐

Thank you so much to volunteer Matt, who cycled 500 miles to raise money for Kitrinos Healthcare's crucial work giving medical aid to patients in refugee camps in Lesbos. Amazing achievement, Matt!

Matt's fundraiser raised an incredible £744, thank you to everyone who donated.





Matt Baillie

16 Ιουνίου 2019 · 🌐

Three Peak Cycle completed, and heading home. Undoubtedly the most physically demanding thing I've ever done.

Meanwhile, at the Kitrinos Clinic, volunteers continue to do what resources allow to provide medical care to people who in many cases have escaped war, unimaginable forms of torture, and witnessed family members killed in front of them.

Escape involves a dangerous journey ending in a crossing with a high risk of drowning, only to arrive to overcrowded tents and a lack of basic food, shelter or sanitation. In Europe.

It's not too late to donate and be a part of making that situation more bearable. Thank you to all who donated have so far, it makes a real difference.

<https://www.totalgiving.co.uk/mypage/kitrinos>



8



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

12 Ιουλίου 2019 · 🌐



'Despite a short period of calm, the atmosphere is generally regarded as tense at the facility. Over 5,500 people are currently registered at Moria, which was originally designed with a capacity of 3,500. Between May and June, numbers rose by nearly a thousand. In May just over 4500 people were recorded as living in the camp.

Warm summer temperatures have prompted more attempts to cross the sea from neighboring Turkey. According to official data, as of June 28, 1,421 people arrived on Lesbos, while 75 more arrived on Saturday morning. The numbers are significantly higher compared to the same period last year, when 1,048 asylum-seekers were recorded as having arrived on the island.'



INFOMIGRANTS.NET

13 migrants arrested as violence returns to Moria, Lesbos

Police on the Greek island of Lesbos arrested 13 asylum seekers after violent clashes at the Moria refugee camp following a surge in arrivals at th...



14



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...



Pola Ro

Pandora Andrea Gorosky



Μου αρέσει!

Απάντηση

3 χρ.



Team Kitrinos

11 Ιουλίου 2019 · 🌐



'Authorities said that there has been a significant spike in arrivals over the last month and that the number of asylum seekers at the camp in May had stood at 4,500 people.

A total of number 1,048 asylum seekers arrived on Lesbos in June in 2018, significantly less that the 1,523 that landed on the island from June 1-29 this year.'





EKATHIMERINI.COM

Violence at Moria as migrant arrivals on Lesbos spike | Kathimerini

18

1 6

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...



Pola Ro
Pandora A Maga Andrea Gorosky

Μου αρέσει! Απάντηση 3 χρ.



Team Kitrinos

7 Ιουλίου 2019

Volunteer Stephanie has kindly set up a fundraising page to help keep our services running in Moria refugee camp, Lesbos. Thank you Stephanie!
Please donate at the link below:

TRINOS
ALTHCARE
Φροντίδα Υγείας



TOTALGIVING.CO.UK

TotalGiving™ - Primary care for refugees in Lesbos - Kitrinos Healthcare - Fundraising Page

15

5

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Ο χρήστης Team Kitrinos συγκεντρώνει χρήματα από δωρεές — μαζί με Islam Channel στην τοποθεσία Moria Refugee camp.

2 Ιουλίου 2019 · Μυτιλήνη, Περιφέρεια Βορείου Αιγαίου

Tune in to watch part three of the Kitrinos Healthcare documentary, airing this Thursday 4th July 2019, at 9:35pm UK time (GMT+1)

<https://www.islamchannel.tv/live-tv>

TV channels:

Sky (UK & Ireland): 737

Eutelsat (Europe): 10723

DStv (West & East Africa): 347

Virgin Media: 838

Freesat: 693 <https://www.islamchannel.tv/live-tv>

TV channels:

Sky (UK & Ireland): 737

Eutelsat (Europe): 10723

DStv (West & East Africa): 347

Virgin Media: 838

Freesat: 693

<https://www.islamchannel.tv/live-tv>

TV channels:

Sky (UK & Ireland): 737

Eutelsat (Europe): 10723

DStv (West & East Africa): 347

Virgin Media: 838

Freesat: 693



Συγκεντρώθηκαν 0 £ για τον μη κερδοσκοπικό οργανισμό Kitrinos...

Δωρεά

Γίνετε ο πρώτος που θα κάνει δωρεά!



5

4



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

29 Ιουνίου 2019 · 🌐

'Sadiqa Khawari, 24, has been living for the past six months in the Moria refugee camp on the Greek island of Lesbos.

...

Born in Iran, she left four years ago after she divorced to go to her family homeland in Afghanistan, leaving her children behind.

There she was teaching art to girls and was threatened and attacked by the Taliban so she fled to Greece.

But life in the camp - home to an estimated 8,000 people - is "bad", she says.'

ITV.COM

Record numbers of people fled persecution and war last year, says UN refugee agency



4



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

28 Ιουνίου 2019 · 🌐

Volunteer doctor Farvah will be joining the Kitrinos team this August to treat patients in Moria refugee camp, Lesvos.

With 50-80 refugees arriving in Lesvos every single day, we have a high demand for doctors like Farvah volunteering with us at this time of year!

Farvah has kindly set up a fundraising page which has already raised £213 - Thank you everyone who has donated!

You can donate to her page below:

... is a unique and dedicated team of volunteers to provide mobile and static medical care to the European Crisis refugees trapped in Greece and we are going to reach out even further.



DONATE



PROJECTS



VOLUNTEER



TEAM KITRINOS

OUR MISSION

We believe that healthcare is a human right, not a privilege. It is unacceptable that those who are most in need are often the very people who are without.

Although we cannot prevent the refugee crisis from continuing, we can assist in the much-needed provision of healthcare for the vulnerable men, women and children who are stuck in the asylum seeking process.

TOTALGIVING.CO.UK

TotalGiving™ - Farvah's Fundraising! - Kitrinos Healthcare - Fundraising Page

7 likes

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
27 Ιουνίου 2019 · 🌐

Watch Part Two of the Kitrinos Healthcare documentary, which is airing right now at:
<https://www.islamchannel.tv/live-tv>

TV channels:
Sky (UK & Ireland): 737
Eutelsat (Europe): 10723
DStv (West & East Africa): 347
Virgin Media: 838
Freesat: 693

Live TV – Islam channel

Live TV – Islam channel

1 like

Μου αρέσει! Σχόλιο Κοινοποίηση


Γράψτε ένα σχόλιο...

Team Kitrinos
27 Ιουνίου 2019 · 🌐

Watch Part One of the Kitrinos Healthcare documentary, before joining us this evening to watch Part Two, airing on [Islam Channel](#) at 9:35pm UK time (GMT+1)

Part Two:
<https://www.islamchannel.tv/live-tv>

TV channels:
Sky (UK & Ireland): 737
Eutelsat (Europe): 10723
DStv (West & East Africa): 347
Virgin Media: 838
Freesat: 693



KITRINOS HEALTHCARE
Caring for Lives of Refugees

Part One

YOUTUBE.COM

Kitrinos Healthcare - Caring for lives of refugees - Part One
The Islam Channel crew embarked on an insightful journey to Lesv...

6 1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
25 Ιουνίου 2019 ·

Calling all doctors with 2/3 weeks spare this July!
Up to 80 refugees are arriving to the island of Lesvos every day, and we urgently need doctors to help us treat patients.
Please fill out our volunteer application form at www.kitrinoshealthcare.org/volunteer and drop us an email at volunteer@kitrinoshealthcare.com



**Volunteer doctors
needed urgently!
July 2019**

11 1 35

Μου αρέσει! Σχόλιο Κοινοποίηση


Τα πιο σχετικά

Γράψτε ένα σχόλιο...

**Ann Kree
Irene Vissers** · Μου αρέσει! · Απάντηση · 3 χρ.

Team Kitrinos
24 Ιουνίου 2019 ·

Tune in to Islam Channel this Thursday at 9.35pm UK time (GMT+1) to watch part 2/3 of a documentary about our work in Greece!
<https://www.islamchannel.tv/live-tv>
TV channels:
Sky (UK & Ireland): 737
Eutelsat (Europe): 10723
DStv (West & East Africa): 347
Virgin Media: 838
Freesat: 693



0:01 / 0:35


 Ο χρήστης **Islam Channel** είναι με το χρήστη **Team Kitrinos**.
24 Ιουνίου 2019 · 🌐

In this Part Two of our documentary *Kitrinos Healthcare: Caring for Lives of Refugees*, Islam Channel will meet refugees who work for Kitrinos Healthcare as volunteers to help out their fellowmen and women. Their stories are the ones of courage and resilience.
Thursday 9.35pm

👍👎 13

3 ↗

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

 Γράψτε ένα σχόλιο... 🗨️ 😊 📷 📄

 **Team Kitrinos**
24 Ιουνίου 2019 · 🌐


Tune in to Islam Channel to hear Kitrinos director Dr Siyana Mahroof-Shaffi talk about our work in Camp Moria, Lesvos:
<https://www.islamchannel.tv/live-tv/>

i

ISLAMCHANNELTV
Live TV – Islam channel

👍 2

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

 Γράψτε ένα σχόλιο... 🗨️ 😊 📷 📄

 **Team Kitrinos**
22 Ιουνίου 2019 · 🌐

This refugee week 2019, you can give a child from Moria refugee camp a pair of shoes, by donating to our fundraiser: <https://givi.ng/tvug>



👍👎 5

1 ↗

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

 Γράψτε ένα σχόλιο... 🗨️ 😊 📷 📄

 **Team Kitrinos**
21 Ιουνίου 2019 · 🌐





Ο χρήστης **Luz Carmona** 😊 αισθάνεται χαρούμενη.
21 Ιουνίου 2019 · 🌐

WE MADE IT...!!! TOGETHER FOR HUMANITY!

We made it!

In just two days and thanks to the good cooperation with UNHCR and Eurorelief we have managed to find urgent accommodation in a house outside the camp for our dear patient who suffers from fracture of vertebrae column and trauma in the left eye.

After going through so much suffering, he is able to smile again...and soon he will start recovering.

All my gratitude to UNHCR and Eurorelief for their prompt action and cooperation in order to be able to help this vulnerable person.

Thanks to Kitrinos Health care for the donation of the wheelchair that is providing him so much support.

Together for Humanity in Lesbos!

Much Love, Light, Hope and Gratitude.



Μου αρέσει!

Σχόλιο

Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019 · 🌐

The Kitrinos Healthcare documentary is now live!
Watch it online: <https://www.islamchannel.tv/live-tv/>

TV channels:

Sky (UK & Ireland): Channel 737

Eutelsat (Europe): Channel 10723

DStv (West & East Africa): Channel 347

Virgin Media: Channel 838

Freesat: Channel 693



Μου αρέσει!

Σχόλιο

Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019 · 🌐

The new Kitrinos Healthcare documentary by [Islam Channel](#) is airing in one hour, at 9:35pm UK time (GMT+1)!

Watch it online at: <https://www.islamchannel.tv/live-tv/>

TV channels:

Sky (UK & Ireland): Channel 737

Eutelsat (Europe): Channel 10723

DStv (West & East Africa): Channel 347

Virgin Media: Channel 838

Freesat: Channel 693





3

1

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...



Farid Ahmad Ghazi
#Refugee #Day

Day of refugees Day of misfortunes Day of escape from their countries

I wish that the war stopped to keep everyone in Their countries

The Day of Refugees means the day of misery

Remember that many people drowned in the seas children, women, old persons, young people

The Day of Refugees is the day of injustice in the world

I lost my best friend in the sea

Never I didn't forget him

Please come together to safe the refugee people

Let's fight against injustice together

Please come together sending messages for all politicians people in Europe to say them please Stop the war in Afghanistan, in Syria, in Iraq, in Palestine,

Please stop this game

Thank you

Μου αρέσει! Απάντηση 3 χρ.



Team Kitrinos

20 Ιουνίου 2019

#WorldRefugeeDay2019 #WorldRefugeeDay #RefugeeDay



'Refugees are mothers, fathers, sisters, brothers, children, with the same hopes and ambitions as us —except that a twist of fate has bound their lives to a global refugee crisis on an unprecedented scale.'

— Khaled Hosseini



11

2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019

#WorldRefugeeDay2019 #RefugeeDay

Don't miss the new Kitrinos Healthcare documentary, airing tonight at

9:35pm UK time (GMT+1):

Watch online at: <https://www.islamchannel.tv/live-tv>

TV channels:

Sky (UK & Ire): Channel 737

Eutelsat (Europe): Channel 10723

DStv (West & East Africa): Channel 347



'70.8 million individuals have been forcibly displaced worldwide as a result of persecution, conflict, violence or human rights violations. We are now witnessing the highest levels of displacement on record.'

<https://www.unrefugees.org/refugee-facts/statistics/>

5

2



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019 · 🌐

...

#WorldRefugeeDay2019 #RefugeeDay



"Give every human being every right that you claim for yourself"

--Robert Ingersoll



44

19



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019 · 🌐

...

Our friends over at [Islam Channel](#) have made a fantastic documentary about the work our charity have been doing in Camp Moria, which premieres in six hours at 9:35pm UK time (GMT+1)!

Watch it online at: <https://www.islamchannel.tv/live-tv/>

TV channels:

Sky (UK & Ireland): Channel 737

Eutelsat (Europe): Channel 10723

DStv (West & East Africa): Channel 347

Virgin Media: Channel 838

Freesat: Channel 693





4

1



Μου αρέσει!

Σχόλιο

Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019

The Kitrinos Healthcare documentary airs tonight at 9:35pm UK (GMT+1)!

Watch online at: <https://www.islamchannel.tv/live-tv>

TV channels:

Sky (UK & Ire): Channel 737

Eutelsat (Europe): Channel 10723

DStv (West & East Africa): Channel 347

Virgin Media: Channel 838

Freesat: Channel 693

#worldrefugeeday2019 #RefugeeDay



21

5



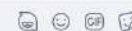
Μου αρέσει!

Σχόλιο

Κοινοποίηση



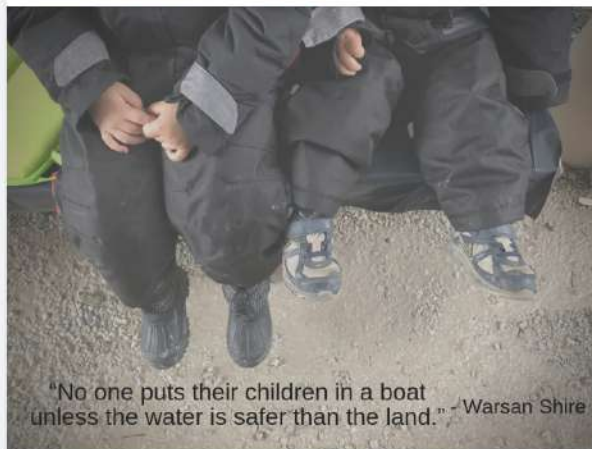
Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019

#WorldRefugeeDay2019 #RefugeeDay



"No one puts their children in a boat unless the water is safer than the land." - Warsan Shire

11

3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019

#WorldRefugeeDay2019 #RefugeeDay



'An unprecedented 70.8 million people around the world have been forced from home. Among them are nearly 25.9 million refugees, over half of whom are under the age of 18.'

<https://www.unhcr.org/uk/figures-at-a-glance.html>

10

8

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019

#WorldRefugeeDay2019 #RefugeeDay



Refugee Day 2019

Thursday June 20

8

1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

20 Ιουνίου 2019



Refugee Day 2019

Thursday June 20



7

2



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

19 Ιουνίου 2019 · 🌐

...

Don't forget, the new Kitrinos Healthcare documentary is airing tomorrow night, on International Refugee Day 2019. Thursday 20th June, 21:35pm UK time (GMT+1) at <https://www.islamchannel.tv/live-tv/>



"It is the obligation of every person born in a safer room to open the door when someone in danger knocks."

— Dina Nayeri



11



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

18 Ιουνίου 2019 · 🌐

...





Ο χρήστης **Luz Carmona** αισθάνεται γεμάτη ευγνωμοσύνη με το χρήστη **Michaela Leštachová**.
18 Ιουνίου 2019 ·

LIGHT WITHOUT BORDERS
Light to your Eyes Project Moria camp

Michaela is a young ophthalmologist volunteer from Slovakia. She works in a hospital and she heard about Light Without Borders project in Moria camp by a professor at ST. Elisabeth University in Bratislava.

Maria Jackulikova, a nurse and social worker that she is a part of TROPIC team and she has been quite few times cooperating with KITRINOS Health care in Moria camp, encouraged Michaela to come to Lesvos and help Humanity with her ophthalmology skills.

We would like to express our gratitude to Michaela for her love to Humanity, to Maria Jackulikova and to Kitrinos Health Care for their support and amazing cooperation in order to help refugees. Together for Humanity!

And one important and URGENT announcement!!
Today we visited in our clinic a patient from Congo who was severe beating and wounded in his left eye with a broken glass bottle and has few broken vertebrae and is not able to walk. If any NGO or any volunteer who is planning to come over Lesvos in the next few days can provide a wheelchair for this vulnerable person we would be very grateful. Same with crutches, the medical org don't have crutches or wheelchairs available.

Please contact Luz from Light Without Borders.

Much Love, Light, Hope and Gratitude.

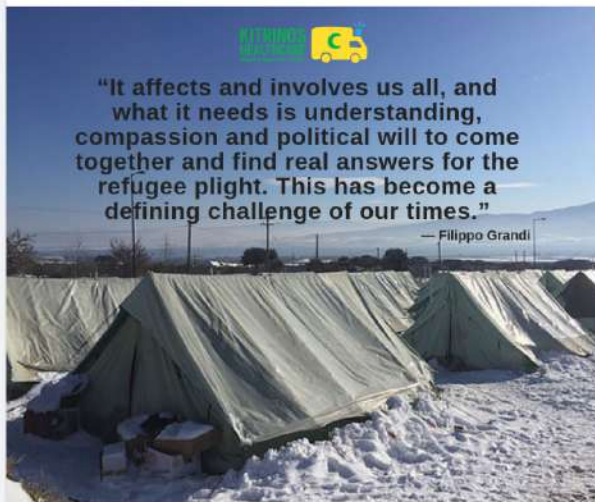
11

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Ο χρήστης **Team Kitrinos** βρίσκεται στην τοποθεσία **Moria Mitilini Lesvos**.
18 Ιουνίου 2019 · Μυτιλήνη, Περιφέρεια Βορείου Αιγαίου ·

Don't forget, the new Kitrinos Healthcare documentary is airing on International Refugee Day, Thursday 20th June 21:35pm UK time (GMT+1) at <https://www.islamchannel.tv/live-tv/>



12 3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
17 Ιουνίου 2019 ·

We Stand With Refugees



'However they arrive, asylum seekers, immigrants, and refugees reach with outstretched hands toward safer, more promising shores. Welcoming these wayfarers rekindles our broken parts. Only within the cords that bind us together do we find answers to age-old questions about despair and enmity, fear and alienation, justice and hope.'

Madeline Uraneck
How to Make a Life: A Tibetan Refugee Family and the Midwestern Woman They Adopted



14

2



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Ο χρήστης **Team Kitrinos** είναι με το χρήστη **Islam Channel** στην τοποθεσία **Team Kitrinos**.

16 Ιουνίου 2019 · Λονδίνο, Ηνωμένο Βασίλειο · 🌐

Watch the Kitrinos Healthcare: Caring for lives of refugees documentary, airing on Islam Channel

Thursday 20th June 2019, 21:35pm UK time (GMT+1)

<https://www.islamchannel.tv/live-tv/>



34

13



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...



Gunilla Hamne

Wonderful work! So proud to be part of the Kitrinos family caring for the health of refugees ❤️ - we are in this world together. Turikumwe!

Μου αρέσει! · Απάντηση · 3 χρ.



Christoph Zenses

Always in my thoughts with you.

Μου αρέσει! · Απάντηση · 3 χρ.

Γράψτε ένα σχόλιο...



Ο χρήστης **Team Kitrinos** είναι στην πόλη **Μυτιλήνη**.

16 Ιουνίου 2019 · 🌐

Today marks the beginning of Refugee Week 2019. It is a time where we can reflect on the refugee crisis across the world, and consider proactive ways we can do what we can for our neighbours in need.

Click here to hear about our latest fundraiser, to get kids in Camp Moria proper footwear:

<https://www.totalgiving.co.uk/appeal/shoesforrefugeekids>

Refugee Week 2019

June 16-22



8 4

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
13 Ιουνίου 2019

The Kitrinos team are deeply saddened to hear of the latest drownings on the shore of Lesbos, this Tuesday. 'According to the UN refugee agency, UNHCR, an estimated 15,459 people have risked their lives reaching Europe by sea so far this year, and 427 feared drowned.'



NEWS.UN.ORG

Tragedy of Mediterranean deaths continues, as seven drown, 57 rescued: UN migration agency

25 9

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
12 Ιουνίου 2019

Shoes for Refugee Kids !

Children in Moria Refugee Camp are in desperate need of shoes. We have seen kids walking around the camp wearing ragged, muddy old shoes or even completely barefoot, as their only pair were lost on their journey to the island or have since been ruined due to the harsh camp conditions.

Our doctors have treated kids who have stepped on broken glass with bare feet, causing severe, avoidable injuries.

Just £3.50 could buy a child in Moria a pair of shoes. Please donate via the link below to help make life safer and more comfortable for the children of Camp Moria.

#kitrinoshealthcare #teamkitrinos #wecare #shoesforrefugees #clothesforrefugees #charity #refugeecharity #ukcharity



TOTALGIVING.CO.UK

TotalGiving™ - Shoes for Refugee Kids - Kitrinos Healthcare - Fundraising Page

17

12

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

11 Ιουνίου 2019 ·

Kitrinos volunteer Matt has been cycling in thunder and hail - all to fundraise for the work of Kitrinos Healthcare. We are currently providing medical aid to refugees in Camp Moria, and every donation goes towards keeping our services running!



TOTALGIVING.CO.UK

TotalGiving™ - The Three Peaks, Cycled. - Kitrinos Healthcare - Fundraising Page

5

1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

10 Ιουνίου 2019 ·

Hello friends, read our latest blog post to learn how your donations over the Ramadan period helped us to give refugees in Camp Moria an Eid to remember...

[#kitrinoshealthcare](#) [#teamkitrinos](#) [#CampMoria](#) [#wecare](#)
[#Ramadan2019](#) [#Eid2019](#)

KITRINOSHEALTHCARE.ORG

Giving Refugees an Eid to Remember... | Helping Refugees | United Kingdom | Kitrinos Healthcare

9

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

7 Ιουνίου 2019 ·

Volunteer senior doctors needed this July and August in Lesvos for 3+

weeks! Help us give medical aid to refugees in Camp Moria this summer.

Fill out our volunteer application form at www.kitrinoshealthcare.org/volunteer or drop us an email at volunteer@kitrinoshealthcare.com

"I really valued the opportunity to work in Moria... I was made to feel really welcome by the Kitrinos Team. [Clinic coordinators] Abdul and Seema made sure that I had access to all the relevant guidance and protocols which were very comprehensive and I found all the staff, volunteers and refugee translators to be professional, supportive and kind, within an environment which was challenging. I would like to return to Moria and would recommend volunteering with Kitrinos."



- Cathy, volunteer
March 2019



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

6 Ιουνίου 2019 · 🌐



Salam Aldeen ✓

5 Ιουνίου 2019 · 🌐

Salaam and Eid Mubarak from me and Team Humanity Lesvos !!! I want to give a massive thank you from myself, my team and the refugees for the kind donations.

A special thanks to [Siyana Mahroof](#) from Kitrinos health care, [Saiqa Ali](#) from Swan and her daughter Hannah, Sister Salsabil Qureshi and sisters Aneesa Banaras and [Taiba Bashir](#) who frequent here regularly, I want to thank Anna Smit and Danielle for also their donation for children and lastly [Farrukh Haroon](#) for arranging the logistics.

This was a multi faceted operation that consisted of donations of Abayas, hijabs, cooked for Iftaar for families, the provision of equipment and ingredients inc halal meat to Moria camp to empower refugees to set up kitchens for iftaars and the successful delivery on Eid day of a thousand food packs containing rice, lentils, flour, milk, oil, vegetables and meat. I cannot express enough how exhilarated the refugees were, it has lifted their spirits and made this a Ramadan and an Eid to remember !!!

However the cherry on top was the 1000 children's eid gift packs containing toys, chocolates, crisps and drink. The smiles on the children's faces were amazing to see and this will be an Eid at the

camp that will always be seared in their minds.

#Thanks #Stay Blessed #One love to all who made this possible.

Love Salam Al Deen, #Team Humanity #Hope and Peace Centre

11

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

4 Ιουνίου 2019

Eid Mubarak, friends! Many Camp Moria residents are celebrating Eid today with their families. Please help us make this day special by donating to our Ramadan Appeal: Eid Sweets for Refugee Kids. Over £500 has been raised so far - let's get to £750!

#Eid #Eid2019 #EidMubarak



8

2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

3 Ιουνίου 2019

Our wonderful #teamkitrinos volunteers out to distribute some tasty and nutritious dates to refugees in Camp Moria during #Ramadan. Thank you to all who donated to our dates appeal, allowing us to surpass our target and purchase extra food and water for #iftar! To donate to our 'Eid Sweets for Refugee Kids' appeal, go to <https://www.totalgiving.co.uk/appeal/eidsweetsforrefugees>. #KitrinosHealthcare #wecare #refugeecamp #UKcharity #eid #eid2019 #ramadan2019 #Palestiniandates #medjouldates #Lesbos #Lesvos



20 4

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
1 Ιουνίου 2019 ·

****RAMADAN APPEAL** Eid Sweets for Refugee Kids !**
Ramadan is now drawing to a close, and many of the residents of Camp Moria will soon be celebrating Eid Al-Fitr with their families. Eid is supposed to be a time for celebration, but for those trapped in Moria, this joyous occasion is dampened by the experience of life in a dirty, overcrowded refugee camp. We will be distributing SWEETS, TREATS and ICE CREAM to children in Camp Moria over Eid, which falls on June 4th this year. *DONATE BELOW* to help us bring some light and joy into the community this year 🌟🌙



TOTALGIVING.CO.UK
TotalGiving™ - Ramadan Appeal: Eid Gifts for Refugee Kids! - Kitrinos Healthcare - Fundraising Page

8 2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
30 Μαΐου 2019 ·

A big thank you to NGOs [WE ARE](#) and [Refugee 4 Refugees](#) for their amazing donation of pharmaceutical products to Kitrinos Healthcare, which our team of medical volunteers will be delivering to refugees in Lesvos.



Refugee 4 Refugees
30 Μαΐου 2019 ·

FROM ITALY TO LESVOS WITH LOVE ❤️
[WE ARE](#) sent us 4 pallets with many boxes full of donations - clothes, toys, shoes and more! ❤️ THANK YOU SO MUCH!

The donation also included almost 40 boxes of pharmaceutical products that we will give to Kitrinos (a medical NGO in Lesbos)
If you also want to support us with a donation please visit our website for all the information:
<https://refugee4refugees.org/donate>

21

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
30 Μαΐου 2019 · 🌐

"I learned about refugees kids at school," said [six-year-old] Paisley, who lives in Grapevine. "A refugee is a person who has to leave their home because it isn't safe. Sometimes they get to bring as much as they can carry. And sometimes they can't bring anything except the clothes they're wearing."

NBCDFW.COM

#SomethingGood: 6-Year-Old Brings Hope to Refugee Children

12

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
29 Μαΐου 2019 · 🌐

'With a population of more than twice its capacity, Moria is the worst of the two camps. The extreme overcrowding, frequent outbreaks of violence and lack of basic necessities such as hot water, electricity or a functioning sewage system has drawn international condemnation. There are instances of refugees who have fled unimaginable horrors in their home countries committing suicide in the camp.'

THENATIONALAE

Refugees stranded on Lesbos find solace in community space

23

13

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
23 Μαΐου 2019 · 🌐

Paramedic/nurse Matt joined Team Kitrinos in March, to help us give medical aid in Moria refugee camp.

On June 1st Matt will be climbing the highest peaks in Scotland, England and Wales, in aid of Kitrinos Healthcare's vital work for refugees. He'll be cycling more than 500 miles between the peaks. Thank you so much, Matt! You can support his page below.



Matt Baillie

28 Μαρτίου 2019 · Total Giving · 🌐

3 Peaks. 500+ miles. Sponsor my pain below and support vital healthcare in Moria Refugee Camp...



TOTALGIVING.CO.UK

TotalGiving™ - The Three Peaks, Cycled. - Kitrinos Healthcare - Fundraising Page

👍❤️ 18

2 ➦



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

14 Μαΐου 2019 · 🌐

Common respiratory infections among our pediatric patients are usually easy to deal with by 'supportive treatment' (symptom management) alone. However, in these tough camp conditions, common colds can easily deteriorate to severe bronchitis - especially in toddlers. These young patients require close observation and daily inhalation therapy, and sometimes parents must carry their children to the clinic several times a day for treatment. We are able to provide our patients with bronchodilators and pediatric antibiotics, helping to prevent hospitalisation.

#KitrinosHealthcare #teamkitrinos #CampMoria #refugees #refugeecamp #charity #UKcharity #Lesvos #healthcare #volunteer #ngo #medicine #moriarefugeecamp



👍❤️😭 12

2 ➦



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...





Team Kitrinos

13 Μαΐου 2019 · 🌐



'[MSF volunteer] Dr Alexakis consults a colleague, Dr Buscemi, about an opening in the neck of a young [refugee] girl, which weeps – an infection risk. She agrees it's a thyroglossal cyst.

In the UK there would be a straightforward surgical solution, but in [Moria refugee] camp, there is the perennial problem of limited access to washing facilities for patients to keep wounds clean after surgery.'

BMA.ORG.UK

A place of refuge?

Squalid and overcrowded – we visit one of the largest refugee cam...



8



3

10



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...



Janei D. Brockhausen

I'd love to go.. but how do u link up



Μου αρέσει!

Απάντηση · 3 χρ.



Συντάκτης

Team Kitrinos

Hi Janei, please fill out our volunteer application form at www.kitrinoshealthcare.org/volunteer and drop us an email at volunteer@kitrinoshealthcare.com



KITRINOSHEALTHCARE.ORG
kitrinos-healthcare |
VOLUNTEER



Μου αρέσει! Απάντηση · 3 χρ.



Συντάκτης

Team Kitrinos

Edris Noorzai We are extremely sorry that there appears to have been a communication problem with a Kitrinos team member. I don't quite understand what you mean - We would be very grateful if you can please email admin@kitrinoshealthcare.com what happened so that we can make any necessary improvements. Thank you



Μου αρέσει! Απάντηση · 3 χρ.



Απαντήστε στο χρήστη Janei D. Broc...



Team Kitrinos

13 Μαΐου 2019 · 🌐



A 3-year-old boy recently came to our Kara Tepe clinic with complicated chicken pox. His mother was concerned as he had a fever and an eye infection which seemed to be viral conjunctivitis. Most children recover are able to recover from chickenpox without complications, but some require antibiotic treatment for secondary infections such as pneumonia, skin infections and eye inflammation. We were able to offer the boy some antiseptic eye ointment to help clear up his infection.

#KitrinosHealthcare #teamkitrinos #CampMoria #wecare #refugees #refugeecamp #charity #UKcharity #refugeechildren #childrefugees #Moria #doctors #volunteer





16

2



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

9 Μαΐου 2019 · 🌐

...

Senior doctor volunteers needed this June and July to volunteer in Lesvos! Help us give medical aid to refugees, by applying to volunteer with us for 2+ weeks at www.kitrinoshealthcare.org/volunteer For more information, please drop us an email at volunteer@kitrinoshealthcare.com



**KITRINOS
HEALTHCARE**
Κίτρινος Φροντίδα Υγείας

**Senior doctor
volunteers needed!
June/July 2019**

13

23



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

8 Μαΐου 2019 · 🌐

...

Dr Shuaib will be volunteering with us in Camp Moria later this month and has created a crowdfunding page on TotalGiving; please donate to show your support for Shuaib and Kitrinos!

#volunteers #volunteer #donate #kitrinoshealthcare #teamkitrinos
#refugees #refugeesGreece #medicalaid

TRINOS
HEALTHCARE



ALITHCARE
ος Φροντίδα Υγείας

TOTALGIVING.CO.UK

TotalGiving™ - Refugee medical aid - Lesvos, Moira Camp - Kitrinos Healthcare - Fundraising Page

10

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
8 Μαΐου 2019

'Under the [EU-Turkey] deal, Turkey received €6bn to take back asylum seekers who arrive in Greece by boat without official permission. To aid these returns, the Greek authorities prevent them from leaving the island, trapping thousands in camps of limited capacity.

The number returned has been far lower than expected, as Greek courts find in favour of refugees' claims that Turkey doesn't offer adequate protection.

...

Migrants who do still arrive from war-torn countries such as Afghanistan, the Democratic Republic of the Congo and Syria have responded by switching to other routes.

Others, unable to reach European shores, remain scattered. There are millions of displaced people held in limbo in Jordan and the Lebanon. Among the unluckiest are those being held in appalling conditions in Libyan detention centres, vulnerable to extortion, torture, sexual violence, and forced labour.'

BMA.ORG.UK

A place of refuge?
Squalid and overcrowded – we visit one of the largest refugee cam...

6

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
7 Μαΐου 2019

+8



Ο χρήστης **Peaceful Heart Network** είναι με το χρήστη **Serena V Diji** και 2 ακόμη.

7 Μαΐου 2019 · 🌐

Yes!TTT is happening in more and more places around the world. Where can you share it?
I just came back from the Moria refugee camp in Greece. TTT is now integrated in the health care for the refugees thanks to the efforts and insights of Kitrinos Healthcare. The medical doctors and nurses are happy to be able to refer patients to TTT since majority of the refugees suffer from stress and trauma. You can share too !

👍 12

1 ➦



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

7 Μαΐου 2019 · 🌐

Abayas wanted! Women in Greek refugee camps deserve the dignity of clean clothing. Please donate your pre-loved (or new!) Abayas today - share to spread the word!

#KitrinosHealthcare #teamkitrinos #CampMoria #wecare #Abayas #refugees #refugeewomen #refugeecamp #donate #donateclothes #charity #UKcharity



Urgent Appeal:



Donate Abayas
to refugees in Greece!

& knickers also needed!



Must be:

- black/dark in colour
- new or pre-owned
- clean & in good condition.

Women in Greek refugee camps often go weeks without being able to change or properly wash their clothes. Help us to preserve their dignity.

For details about collection points, call:
**07828722091/
07973 501274**

Deadline: 15th May 2019



Southern Women's Aid Network | Kitrinos Healthcare Registered charity no. 1172586

👍 8

1 ➦



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Ο χρήστης **Team Kitrinos** συγκεντρώνει χρήματα από δωρεές.

3 Μαΐου 2019 · 🌐

Volunteer doctors needed this August, to help refugees in Lesvos! Team Kitrinos are in need of doctors who can volunteer for 2+ weeks, please email us at volunteer@kitrinoshealthcare.com for more information and fill out our medical volunteer application form at www.kitrinoshealthcare.org/volunteer

It was a very strong and touching experience for me to work with Kitrinos Healthcare inside Camp Moria, even if it was for a short time! It gave me insight and knowledge about the tough and raw challenges that the population in the camp are living every day and also about the courage and skills that the healthworkers and interpreters have to carry out in their work! I am impressed by all the competence and professionalism among the staff in Kitrinos Healthcare!"



-Sigrun, volunteer
April 2019



Συγκεντρώθηκαν 0 € για τον μη
κερδοσκοπικό οργανισμό Kitrinos...
Γίνετε ο πρώτος που θα κάνει δωρεά!

Δωρεά

19

18



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

2 Μαΐου 2019 · 🌐

...

One year in Lesvos! It was in May 2018 that after hearing of the terrible conditions in Camp Moria in Lesvos, and months of planning, Team Kitrinos banded together, gathered up all our supplies, and made the journey from Mainland Greece to the island.

Thanks to our hardworking clinic coordinator, assistant coordinator, and all our amazing volunteers and interpreters, Kitrinos Healthcare are still working in Lesvos today. We continue to deliver medical aid to refugees on the island, from our clinic in Camp Moria to multiple mobile clinics across the island.

KITRINOS STAFF & VOLUNTEERS, LESVOS, MAY 2018



39

7 1



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Όλα τα σχόλια ▾



Γράψτε ένα σχόλιο...



Gunilla Hamne

Such a great and heartfelt work 🙌👏 and what a development in one year only! Wow!
So grateful to be part of the Kitrinos family ❤️

...





Μου αρέσει! Απάντηση 3 χρ.



Sam Haddad

Nice to see you ❤️ and remember your great work 🍷🍷🍷

Μου αρέσει! Απάντηση 3 χρ.



Diane Siegel

From the "professor" to clinic coordinator: You are all doing wonderful work!

Μου αρέσει! Απάντηση 3 χρ.



Abd Alrhm Razouk



Μου αρέσει! Απάντηση 3 χρ.



Lisa Twist

Wonderful people doing an incredible job. Waiting to hear if you have room on your medical rota for me to return in October

Μου αρέσει! Απάντηση 3 χρ.



Elena Gogou

best regards from Drama! Love you!

Μου αρέσει! Απάντηση 3 χρ. 2



Maren Farnen

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...



Team Kitrinos

2 Μαΐου 2019 · 🌐

"Why is it not obvious to every single person that a newborn and a mother who just gave birth shouldn't be living in a tent?"

BMA.ORG.UK

A place of refuge?

Squalid and overcrowded – we visit one of the largest refugee cam...

👍👎👏 24

3 💬 20 ➦



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...

👍👎👏 📷 📧 📧



Valerie Hellermann

Hands On Global team has worked in both of these camps Moria on Lesbos and Samos. The conditions are inhumane and the long term affects of unmet basic human needs are especially apparent in the children. Our team will return in October - November will anything improve by then???????

Μου αρέσει! Απάντηση 3 χρ. 😞



Συντάκτης

Team Kitrinos

We are on th doorstep of the month of Ramadan and ask for everyone to join us in our collective

prayers that the situation here and in other overcrowded camps are improved. It has got to the stage that divine intervention is necessary in situations such as these. Fortunately in our clinic we have an opportunity to see small miracles happen through the kindness of the humanitarians that work with us...S


Μου αρέσει! Απάντηση 3 χρ.

 Valerie Hellermann
inshallah

Μου αρέσει! Απάντηση 3 χρ.

 Απαντήστε στο χρήστη Valerie Heller...    

 Team Kitrinos

1 Μαΐου 2019 · 

Dear friends, there are new blog posts up on our website! Follow the link to read about our work in Lesbos over the Greek Easter period.
[#teamkitrinos](#) [#kitrinoshealthcare](#) [#healthcare](#) [#healthcareforrefugees](#) [#wecare](#) [#blog](#) [#news](#) [#refugees](#) [#ngo](#) [#charity](#) [#UKcharity](#)






KITRINOSHEALTHCARE.ORG

An Update from Lesbos | Helping Refugees | United Kingdom | Kitrinos Healthcare

  5

 2

 Μου αρέσει!  Σχόλιο  Κοινοποίηση 

 Γράψτε ένα σχόλιο...    

 Team Kitrinos

29 Απριλίου 2019 · 

'For Christian, "hell" means his first three months in Lesbos, which he spent in a high-security section of the Moria Camp where some arrivals wait 90 days for their identities to be registered.

They call it "the prison" or even "Guantanamo". Christian describes long, hot summer days without enough drinking water, and during which he was allowed out for just two walks a week.'



INFOMIGRANTS.NET






'We Africans will do anything to avoid Libya'

The only Catholic church on the Greek island of Lesbos has becom...

  4

 1

 Μου αρέσει!  Σχόλιο  Κοινοποίηση 

 Γράψτε ένα σχόλιο...    

 Team Kitrinos

Ο χρήστης Team Kitrinos  αισθάνεται λυπημένος.

26 Απριλίου 2019 · 

The elderly who should be resting quietly in homes and having a quiet life ... just keep coming and coming ... in those ridiculously flimsy boats piled high with bodies of people...can there really not be a more lasting solution ?



Luz Carmona

26 Απριλίου 2019 · 🌐

DIARIO DE UNA VOLUNTARIA EN LESBOS.

DIARY OF A VOLUNTEER IN LESVOS

MY ROSES..

MIS ROSAS...

Tienen en común que prácticamente todos llegaron sólo a Lesbos..que huían de una muerte segura en su país..exceptuando a una de estas personas, cuentan con más de 70 años, la más anciana 90.. la tristeza y la dura situación por la que atraviesan les hace parecer aún más mayores de lo que són. Una de ellas sólo tiene tres años más que yo..50 y padece problemas de memoria, y post trauma. Una densa catarata en el ojo derecho le produce falta de visión y preocupa a su hija.

Llevamos varios días haciendo el inventario de las tres bases de datos de gafas con las que contamos que nos ayudan a rebajar costes en la compra de nuevas lentes para los pacientes.

Realizando llamadas a los cientos de pacientes que tenemos en lista de espera de las diferentes organizaciones médicas del campamento de Moria Kitrinos, BRF, Kelpno, MSF, y en Lesbos MDM, Doc Mobile para darles citas.Terminamos la lista de espera de Febrero y comenzamos por la de Marzo..

A la salida de la clínica, voy a visitar a los pacientes que no disponen de número de teléfono, en olive grove ó dentro del campamento.Muchos són niños con estrabismos ó cirugía por impacto de metralla de las bombas..

Llego al ISO box (container), MSF me pasó el informe de un niño de 7 años con miopía...pero mi sorpresa al ver a toda la familia.. 9 en total contando a la abuelita, y dos hermanos más que necesitan visitarse.

Me invitan a un té y caramelos..y empiezo a tomar nota para darles las citas.

El padre és profesor..cada día les doy clases a mis hijos aquí..me explica en tono calmado..llevamos 8 meses en el campamento... tuvimos que huir de Afganistan..donde vivíamos los talibanes mataban a todo el mundo..y a los niños sin ningún reparo..una locura..

Me enseñan fotos de como la gente cruza por las montañas de Iran...en pequeños coches sobrecargados dentro del maletero con más de 25 personas..me quedo impactada...durante días caminando con nieve, lluvia, frío..sin agua, ni comida hasta llegar a Turquía..tuvimos suerte de que no nos echaran de nuevo a Afganistan..és cuestión de suerte..

Luego llego mi madre sólo... me quedo sin palabras...

la anciana con más de 70 años está ciega de un ojo debido a una densa catarata y con el otro ojo ve borroso...

Tras muestras de gratitud de la familia, le pido al padre si me acompaña a hablar con otra anciana que siempre está sólo en silla de ruedas porque me parece que tiene problemas de visión y la última vez lloraba desconsoladamente porque le habían robado sus papeles..

Le doy cita.. a la abuelita..ella llegó junto a una hija sordomuda..pero su sueño és reencontrarse con su hija en Alemania..

No deja de cogerme la mano y besármela..gracias por ayudarnos..me dice.. tú nos ayudas y Dios te ayudará... Ojalá!

Inshallah! le digo...sólo le pido a la Divinidad que me siga dando fuerzas para seguir ayudando a más personas.

Hoy otra anciana llegó a la clínica y rompió en lágrimas...está sólo..aunque en una de las secciones protegidas de mujeres..se vino abajo en varias ocasiones..mataron a toda su familia..no era capaz de ver con claridad..ni de cerca ni de lejos... le ofrecimos unas gafas de lectura que agradeció, hasta su próxima visita y la despedí con un gran abrazo diciendo que no estaba sólo.

Són muchos los ancianos que viven en el campamento, algunos con sus familias pero como hoy, muchos sólo y emocionalmente deprimidos y con pérdida de esperanza.

Ya tienen todos su cita en los próximos días! Les recibiremos con el cariño y atención que merecen..són corazones valientes..con una resistencia que poca gente joven podría tolerar.. són mis ROSAS..

Hay un antes y un después en la vida de estas personas cuando se les dedica la atención no sólo oftalmológica sino la humanidad y el amor, sólo hay que ver las fotos de Papa Musa..

Desde que acompañé a Musa a Atenas a reencontrarse con su hija están siendo unos días muy emotivos y algo tristes para mí..todo se me hace cuesta arriba..mi mente está lleno de pensamientos..donde se entremezclan la alegría, el dolor, la frustración como en una montaña rusa..donde las dudas y a veces falta de esperanza minan mi energía..

las ayudas no llegan..las grandes ongs alabando nuestra labor pero con eso no podremos salir adelante con el proyecto.. no sé que hago

hago realmente mal..trabajo a destajo..sin contar las horas..debe ser mi apariencia alegre en las fotos..parece que todo le sale redondo a esta chica..deben pensar..tiene todos los apoyos que necesita.. siempre sale sonriendo..

no sé por cuanto tiempo podré sostener esta situación porque LWB necesita optometristas y oftalmólogos, y fondos económicos para continuar con la misión.

Nadie puede creerse como puedo hacer ésta labor voluntariamente durante tanto tiempo, sin sueldos ni vacaciones..ni siquiera mi familia... los refugiados a pesar de estar muy agradecidos piensan que estoy loca...y quizás tienen razón.. pero sin un poco de locura uno no se lanzaría a misiones como ésta.

Me frustro..y me vengo abajo por unos momentos...pienso en mis ROSAS... me siento afortunada de poder ayudar a la Humanidad de la forma en la que lo hago..desde el CORAZON...No voy a perder la esperanza...ellos són un gran ejemplo a seguir..ellos no abandonan...yo tampoco lo haré!

LOVE FOR HUMANITY!

AYUDANOS! HELP US!

www.teaming.net/lightwithoutbordersorg

Donaciones:

Light Without Borders

ES 85 1465 0120331734688687

BIC INGDESMXXX

info@lightwithoutborders.org.es

With Love, Hope and Gratitude

Δείτε τη μετάφραση



9



👍 Μου αρέσει!

💬 Σχόλιο

🔗 Κοινοποίηση



Τα πιο σχετικά ▾



Γράψτε ένα σχόλιο...



Pola Ro Love

Μου αρέσει! Απάντηση 3 χρ.



Team Kitrinos

26 Απριλίου 2019 · 🌐

'Amnesty International estimates that 12,500 [refugees] are trapped on Lesbos, Samos, Chios, Kos, and Leros – the five well known hotspots. Human rights organizations regularly call for an end to the policy of 'containment,' and occasionally the government releases people from the very overcrowded camps.'





Why is Greece still 'containing' refugees in camps?

Why is Greece still 'containing' refugees in camps?

6

3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
23 Απριλίου 2019

Our amazing [#teamkitrinos](#) [#volunteers](#) on the ground in Camp Moria, Lesbos! [#kitrinoshealthcare](#) [#wecare](#) [#refugees](#) [#refugee](#) [#Lesbos](#) [#Lesvos](#) [#CampMoria](#) [#Moria](#) [#healthcareforrefugees](#) [#charity](#) [#healthcare](#) [#medicine](#)



32

3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
18 Απριλίου 2019



INFO MIGRANTS

You can't clean at night

INFOMIGRANTS.NET

The suffering of a Syrian family on Lesbos

Claire Paccalin on the Greek island of Lesbos meets a family struggl...

3 2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
16 Απριλίου 2019

When our clinic is seeing close to a hundred patients a day, #triage plays a crucial role. On top of the medical evaluations they perform, our triage team, which is made up of paramedics, nurses, and interpreters is also the face of healthcare in Moria. They are responsible for making sure patients are seen in an organized fashion, that necessary paperwork is filled, that all cases are handled with proper care, and that patients who may be frustrated by their illness feel acknowledged and understood. Whether a patient arrives for a routine blood pressure check, an open wound, or a serious chronic illness, our triage team provides the support to our doctors to make sure each patient receives the best possible care in Moria Camp.

#kitrinoshealthcare #teamkitrinos #wecare #refugees #refugee #Lesbos #Lesvos #campMoria #volunteer #charity #healthcare #medicine #moriarefugeecamp



32 1 5

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Rahmat Poya
Special thanks from all volunteers that they helping refugees. And all kitrinos healthcare group. 🙏🙏🙏❤️❤�

Μου αρέσει! Απάντηση 3 χρ. 4

Team Kitrinos
13 Απριλίου 2019

As part of Kitrinos Healthcare's mandate to promote health, our healthcare professionals will not only treat patients, but also give them tools to help maintain their quality of life. Here, Dr. Sophie explains to an elderly patient the importance of physical therapy stretches to alleviate back pain. Due to poor living conditions in the camp, and in many cases, the hardships faced in their countries of origin, many patients suffer from chronic pain that affect their ability to complete daily tasks.

#kitrinoshealthcare #teamkitrinos #wecare #refugees #refugee #Lesbos #Lesvos #campMoria #Moria #healthcareforrefugees #doctors #volunteers #volunteer #ngo #charity #healthcare #medicine #moriarefugeecamp





11

3 5

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Saeed Almansari
Sophie Wam the best 3
Μου αρέσει! Απάντηση 3 χρ.

Jana Meers
Yes she is!
Μου αρέσει! Απάντηση 3 χρ.

Christoph Zenses
greetings to a good doctor
Μου αρέσει! Απάντηση 3 χρ.

Απαντήστε στο χρήστη Saeed Alman...

Team Kitrinos
13 Απριλίου 2019

'I spoke to a group of Afghan men living at Kara Tepe, a refugee camp turned village five minutes from Moria [refugee camp], though it is worlds apart. At Kara Tepe there's a kiosk for sanitary products, the camp is lit at night, there are communal kitchens, a playground, a kindergarten. People don't want to be here, but at least it's a safer environment. What stuck with me was a father who said his children frequently ask him what language they should learn — Greek, German or English — as they don't know where their new home will be. He doesn't have an answer.'

HOLLYWOODREPORTER.COM

'Game of Thrones' Star Lena Headey Pleads for "Solution" to Heartbreaking Mental Health Crisis Among Refugees...

13

1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

10 Απριλίου 2019



"The situation in Moria is beyond belief. I've been regularly coming here since 2017 and every time I think that it can't be worse when I next visit. But it is," said Maria**, who works for the Greek Council for Refugees (GCR).

On top of the mud and the cold, other problems include the lack of security (two-thirds of those detained here say they feel unsafe), overcrowding and poor hygiene.

"We are 25 women sleeping in a tent, with a single bathroom, which can also be used by anyone. It's really very dirty but we have to wash in it anyway," said Clara**, a 36-year-old woman originally from Cameroon.

And then, there is a shortage of medical staff.

Most of the time, there is only one doctor on the island, sent by the Greek government. "Seeing a doctor is very difficult, there is only one for the whole camp. You really have to be on the brink of death for them to take care of you," complained 45-year-old Shala** from Afghanistan.'

** Names have been changed.



EURACTIV.COM

'Hell on earth': The Moria refugee camp on the Greek island of Lesbos

10

17



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

9 Απριλίου 2019



Volunteer Doctor Naomi has kindly set up a fundraising page for Kitrinos Healthcare.

Naomi will be joining us this week, to help us give medical aid to refugees in Lesvos. Looking forward to working with you and thank you for fundraising for us, Naomi.

Our team in Lesvos are working 7 days a week, across multiple sites in Lesvos:

Our main clinic in Moria refugee camp

The UNICEF TAPUAT centre for women and children

The KEELPNO clinic

Kara Tepe refugee camp



TOTALGIVING.CO.UK

TotalGiving™ - Naomi is raising money for Kitrinos Healthcare - Kitrinos Healthcare - Fundraising Page

6

1



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Τα πιο σχετικά ▾

Γράψτε ένα σχόλιο...

Συντάκτης
Team Kitrinos
Thank you so much to every supporter of this fundraiser, which has reached Naomi's goal of £500!
Μου αρέσει! Απάντηση 3 χρ.

Team Kitrinos
8 Απριλίου 2019 · 🌐

Four years on, migrants still stranded in Lesbos
<https://middle-east-online.com/.../four-years-migrants...>



👍❤️ 16 6 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐 ▾

Γράψτε ένα σχόλιο...

Team Kitrinos
7 Απριλίου 2019 · 🌐

'Sixty percent of IRC clients at [Camp] Moria have considered suicide; 30 percent have attempted it. Overcrowding, lack of sanitation and outbursts of violence are just some of the problems. People must queue for up to three hours in a skinny, metal-fenced cattle run to access food lacking in any real nutrition. Some choose to starve rather than face its dangers. Sexual violence is an everyday occurrence.'

HOLLYWOODREPORTER.COM

'Game of Thrones' Star Lena Headey Pleads for "Solution" to Heartbreaking Mental Health Crisis Among Refugees...

👍❤️ 14 3 💬 5 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐 ▾

Τα πιο σχετικά ▾

Γράψτε ένα σχόλιο...

Ahmad Mhmad ...
👍👍
Μου αρέσει! Απάντηση 3 χρ.

Ahmad Mhmad ...
👍👍
Μου αρέσει! Απάντηση 3 χρ.

Ahmad Mhmad ...
👍👍

Μου αρέσει! Απάντηση 3 χρ.
Γράψτε ένα σχόλιο...



Team Kitrinos

5 Απριλίου 2019 · 🌐

We hear more and more about the growing demand in Camp Moria for mental health support. That's what makes our work teaching Trauma Tapping Technique, to refugees struggling with anxiety and PTSD, so important. Our team have recognised the demand for this service, and so we continue to have a designated area for practicing TTT in our clinic.

"There is a huge need for mental health services in Moria, as many people have suffered unimaginable things in their countries, along their journeys and even now in the horrid conditions of Moria"- Kirsten Dimovitz, Boat Refugee Foundation volunteer

<https://www.readingeagle.com/.../centre-township-woman...>

READINGEAGLE.COM

Centre Township woman spends time as a volunteer at a refugee camp

8

2 ↗

Μου αρέσει! Σχόλιο Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

4 Απριλίου 2019 · 🌐

"Katie said she was blown away by the women in the camps and had been 'very grateful' for the experience.

She wrote: 'I love these women who became our friends as we collaborated on many different projects this week.

'I am so very grateful for this experience. The resilience of these women is so profound and truly inspiring to witness. and I pray for refugees everywhere.'

Moria Refugee Camp on the isle of Lesbos faced the threat of closure last year over 'uncontrollable amounts of waste'.

Local officials claimed the centre was 'dangerous for public health and the environment' and issued a 30-day deadline for improvement."

[#Refugees](#) [#RefugeesWelcome](#) [#RefugeeCamp](#) [#AsylumSeekers](#) [#Asylum](#) [#HumanRights](#) [#MoriaRefugeeCamp](#) [#CampMoria](#) [#Lesvos](#) [#Lesbos](#) [#Greece](#)



METRO.CO.UK

Katie Holmes and daughter Suri spend week at a refugee camp in Greece

17

4 ↗

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos 4 Απριλίου 2019 · 🌐

A big thank you from the team to volunteer Paramedic and Nurse Matt, who joined our team last month to help us give medical aid in Moria refugee camp. On June 1st Matt will be climbing the highest peaks in Scotland, England and Wales, in aid of Kitrinos Healthcare's vital work for refugees. Matt will be cycling more than 500 miles between the peaks. Thank you so much, Matt! You can support his page below.

TOTALGIVING.CO.UK
TotalGiving™ - The Three Peaks, Cycled. - Kitrinos Healthcare - Fundraising Page

👍❤️ 12 1 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

Γράψτε ένα σχόλιο...

Team Kitrinos 3 Απριλίου 2019 · 🌐

Are you a doctor interested in volunteering for 3+ weeks? Join our team of volunteers, and help us give medical aid to refugees in Moria refugee camp, Lesvos!
www.kitrinoshealthcare.org/volunteer

"The work with the senior doctors and the discussions within the team made this not only a working but also a great learning experience. [Clinic coordinators] Abdul and Seema with their dedication, their profound knowledge of the camp and of the possibilities for refugees within the healthcare system, their creativity in their attempts to bring the project forward, their open ears for all new ideas and their warmth have been unbelievably helpful and deeply inspiring."



-Manuel, volunteer
February 2019

👍❤️ 24 19 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

Γράψτε ένα σχόλιο...

Team Kitrinos 2 Απριλίου 2019 · 🌐

From mid January to late March 2019, Kitrinos volunteers Olivia, Liz S, Liz M and Gunilla from Peaceful Heart Network, individually practiced TTT with a total of 298 patients.

A big well done to the care and dedication demonstrated by our volunteers, bringing some peace and calm to the stressful conditions in Camp Moria. We hope each client will be able to continue practicing the calming techniques they learnt, and share the techniques with any friends and family also struggling with anxiety.

Countries patients had fled from include Afghanistan, Cameroon, Congo, Somalia, Iran, Iraq and Syria.

<https://peacefulheart.se/>





13

1



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

1 Απριλίου 2019 · 🌐

...

"There's a common misperception, in Europe (and in the United States about Central Americans) that Afghans and Syrians are seen as refugees, but people from Africa are seen as migrants seeking a better life," she said. "But the truth is they're fleeing violence and persecution.

"Migrants can do it legally, by applying for work permits. Refugees want to do it legally and follow the rules, but they don't have the time and the means to wait.

"They're being persecuted because of their religion or political beliefs in ISIS-held areas. Many civilians get caught in proxy wars; some are fleeing widespread violence; others are activists. Many are just in the wrong place at the wrong time, surrounded by violence, and they value their lives."

READINGEAGLE.COM



Centre Township woman spends time as a volunteer at a refugee camp



5

1



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

29 Μαρτίου 2019 · 🌐

...

First Aid is a vital skill for all: being prepared can save lives. Here, our Kitrinos Healthcare [#Interpreters](#) receive free [#CPR](#) training in our clinic in Camp Moria, Lesvos. [#kitrinoshealthcare](#) [#teamkitrinos](#) [#wecare](#) [#refugees](#) [#Lesvos](#) [#campMoria](#) [#volunteer](#) [#charity](#) [#healthcare](#) [#medicine](#)





8

Μου αρέσει!

Σχόλιο

Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

28 Μαρτίου 2019 · 🌐

Nurse Jasmine will soon be volunteering with us in Lesvos and has kindly created a fundraising page for Kitrinos. She has managed to raise over £100 so far - help her reach her target of £500 by donating below!

#volunteer #donate #KitrinosHealthcare #teamkitrinos #CampMoria #KaraTepe #refugees #refugeesGreece

TRINOS
ALTHCARE
ος Φροντίδα Υγείας



TOTALGIVING.CO.UK

TotalGiving™ - Please donate to Kitrinos Healthcare -
Kitrinos Healthcare - Fundraising Page

14

Μου αρέσει!

Σχόλιο

Κοινοποίηση

Τα πιο σχετικά



Γράψτε ένα σχόλιο...



Team Kitrinos

28 Μαρτίου 2019 · 🌐

Here, a translator receives free #CPR training by two of our volunteer medical staff in Camp Moria. This is a vital skill our translators will carry with them forever. #kitrinoshealthcare #teamkitrinos #wecare #refugees #Lesvos #campMoria #healthcare #doctors #volunteer #ngo #charity





20

6

Μου αρέσει!

Σχόλιο

Κοινοποίηση

Όλα τα σχόλια



Γράψτε ένα σχόλιο...



Dawn Hofberg-Schlosser
Haha, is that you Zaharia?

Μου αρέσει! Απάντηση 3 χρ.



Ahmad Mhmad
ich bin krank

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.



Gill Bradbury
A vital skill but I'm not sure "one that they will carry forever" - CPR requires practice & healthcare professionals should receive annual training on it... However, a good technique for all to know about - Encourage them to maintain it!

Μου αρέσει! Απάντηση 3 χρ. Τροποποιήθηκε



Elle-Kay Muir
Gill Bradbury perhaps you'd be willing to donate some funds towards annual training of cpr techniques for refugees?

Μου αρέσει! Απάντηση 3 χρ.



Gill Bradbury
Elle-Kay Muir I wish... Having been off sick since last July, I have barely enough funds to keep me & my son going & am in huge amounts of debt (but am not as unfortunate as some & I appreciate this)... Anyway, I'd be happy to provide training at some point... Not necessarily CPR (although I am a Nurse) but BBVs is more my thing & I think a neglected subject (HIV & viral hepatitis) with refugees?!

Μου αρέσει! Απάντηση 3 χρ.



Gill Bradbury
Why don't you have an image Elle-Kay? - It's disconcerting dealing with a non-entity!

Μου αρέσει! Απάντηση 3 χρ.



Απαντήστε στο χρήστη Gill Bradbury...

Γράψτε ένα σχόλιο...



Team Kítrinos

25 Μαρτίου 2019

Dear friends,

We have an important update from the ground in Lesvos:

We have recently set up a new clinic in Kara Tepe Camp! This marks the third clinic we have opened on the island of Lesvos.

Kara Tepe, situated between the city of Mytilene and Camp Moria, is a refugee camp reserved for the most vulnerable groups of people, such as families with small children and refugees with disabilities. The camp is smaller than Moria, with a capacity for 1,200 people.

As healthcare providers, we understand the importance of proper nutrition and safe, hygienic facilities in order for our patients to maintain their health and general wellbeing. Living conditions in Kara Tepe are significantly better than in the notorious Camp Moria. The environment is cleaner and residents are housed in isoboxes, and there are no long queues of people waiting hours for food: instead, meals are distributed by the residents themselves with the assistance of staff and volunteers. Furthermore, social facilities, such as play areas

and washrooms, are in much better condition and enable more safety and privacy.

However, despite Kara Tepe's positive attributes, the camp still relies on the assistance of NGOs and charities like us for services like healthcare provision. Our work is a priority in the provisional area in which we operate, and we work alongside Medecins du Monde to provide a 7-day-a-week service to refugees, with MDM working from Mondays to Fridays and Kitrinos covering weekends and holiday shifts.

We see up to 30 people per day in our Kara Tepe clinic, and the majority of our patients are children. People come to the clinic seeking medical advice and urgent care, and the recent harsh winter weather has been particularly tough on camp residents, leading to many complicated respiratory infections. While these types of infections are common and relatively easy to treat for most of us, the story is very different for those living in refugee camps. Due to minimal access to public services like pharmacies, walk-in clinics or supermarkets, coupled with less-than-adequate living conditions, even simple colds and flues can easily become serious. Since setting up the clinic, our doctor has been faced with multiple urgent situations, and without the prompt response of the local ambulance service, some of our most vulnerable patients (such as babies and toddlers) would otherwise have deteriorated to a critical condition with potentially fatal consequences.

Thanks to your donations, we are able to supply medicine to our patients, as well as helping to educate them about the importance of preventative medicine and taking care of one's own health. However, our budget is extremely limited and as such, we must prioritise the most vulnerable: we are able to provide complete treatment to most of our young patients, but we can only offer others treatment for the first few days of their illness, then referring them to other healthcare providers when necessary. As I'm sure you can imagine, it is very difficult to be told that a doctor cannot give you the treatment you need, and as healthcare providers, having to tell patients we can't always give them what they need is a heavy weight to bear.

It is especially heartbreaking when it comes to inadequate funding for life-saving medication for children too young to speak or advocate for themselves. Though our funding situation remains critical, we have a responsibility to continue to serve those who have entrusted us with their care.

We are so grateful to all of those who continue to stand by us and support our work. The amazing people who work and volunteer with us - doctors, directors, co-ordinators, interpreters - simply could not do what they do without the help of people like you, who care about our brothers, sisters and friends in refugee camps as much as we do. Please continue to support our work in Lesbos and beyond by sharing this post, and donating what you can via kitrinoshealthcare.org/donate.

Thank you very much,

Team Kitrinos

[#kitrinoshealthcare](#) [#teamkitrinos](#) [#wecare](#) [#refugees](#)
[#healthcareforrefugees](#) [#caringforrefugees](#) [#refugeesGreece](#)
[#MoriaCamp](#) [#KaraTepe](#)



51

7

Μου αρέσει!

Σχόλιο

Κοινοποίηση





Γράψτε ένα σχόλιο...



Team Kitrinos

19 Μαρτίου 2019 · 🌐

Sponsor an Interpreter for Kitrinos Healthcare !

Interpreters are an absolutely vital part of our team on the ground; we simply couldn't carry out our work without them. There are a number of ways you can donate to our Interpreter Appeal:

Donate via our website: www.kitrinoshealthcare.org/donate (reference 'interpreter')

Charity Checkout:

<http://kitrinoshealthcare.charitycheckout.co.uk/.../spons...>

TotalGiving: <http://totalgiving.co.uk/.../sponsor-an-interpreter-for...>

Muslim Giving: muslimgiving.org/sponsor-an-interpreter-for-kitrinos

#kitrinoshealthcare #teamkitrinos #NGO #charity #refugees #wecare #interpreters #volunteer

Sponsor an Interpreter

...our heart and soul



Our interpreters are the silent and unsung heroes of Kitrinos Healthcare.

Also known as cultural mediators, interpreters are an absolutely vital part of our team on the ground. Without them, our doctors and nurses would not be able to communicate with our patients, and our work would be impossible. The clinical volunteers who come to work with us from all over the world would be unable to have a meaningful conversation, let alone provide an effective and safe clinical consultation.

We predominantly employ suitable individuals living in the camps to help them get back on their feet. We provide them with the necessary training to get them started on their journey towards a better future. They have an in-depth understanding of life in the camps and are therefore able to build a trusting relationship with our patients. This puts patients at ease, helping them to feel comfortable and safe in a stressful situation.

Languages:

• Arabic • Farsi • French • Kurdish • Somali

We employ 12 interpreters per month and we offer each interpreter one free meal per day, as well as an 'incentive payment' of £300 per month.

A problem shared...

To sponsor one interpreter for a month:

Between 2 people: £150

Between 5 people: £60

Between 10 people: £30

...or simply donate what you can. Thank you!

Donate online: www.kitrinoshealthcare/donate
Reference: 'Interpreter'



👍❤️ 22

10 ↗️

👍 Μου αρέσει!

💬 Σχόλιο

👉 Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

18 Μαρτίου 2019 · 🌐

London followers: Join our founder Siyana Mahroof-Shaffi this Saturday for a lovely Ladies Late Lunch, all proceeds going to our essential work giving aid to refugees in Lesvos. For just £5 entry, have some delicious cake and tea, and hear from Siyana how your donations allow us to provide direct medical aid to refugees.

3-6pm, Saturday March 23rd, St Thomas's church hall, 75 Monsell Road, N42QP





16

2

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Elena Gogou
love you all

Μου αρέσει! Απάντηση 3 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.



Team Kitrinos

9 Μαρτίου 2019

Migrant boat sinks off Greek island drowning 2 boys, 1 man

ABCNEWS.GO.COM

Migrant boat sinks off Greek island drowning 2 boys, 1 man

6

1

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos

8 Μαρτίου 2019

On this international women's day, we have a message for refugees in Lesvos.

To the young girls: we know your childhood has been difficult so far, but your smiles and enthusiasm for life carry us through everyday. You are the future generation and we hope that as you grow up, you hang on to your smiles and your enthusiasm.

To the young women: being this age anywhere is hard, but especially difficult in Moria. Thank you for caring for your younger siblings, helping your parents, and for trusting us with your care.

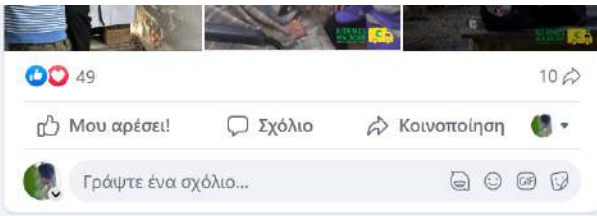
To the mothers: your sacrifices are humbling. We see you everyday, making the world a better place. We know that being a mother in a refugee camp is one of the hardest things to be. We see you, we hear you, and we are with you.

Kitrinos Healthcare is committed to providing the best possible care to women, today and everyday. Happy International Women's Day.

-Words from our fantastic volunteer, Katie

#InternationalWomensDay #IWD2019 #WomensDay #CampMoria
#Lesvos #Asylum #AsylumSeekers #Refugees #RefugeeCamp
#RefugeesWelcome #WeStandWithRefugees





Team Kítrinos

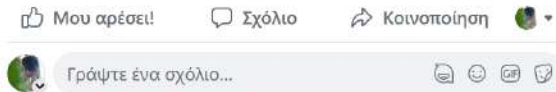
7 Μαρτίου 2019 · 🌐

Outside this tent, there is crying, shouting, and the clamour of thousands of Moria residents. But in this space, our patients can focus and find calm. The smell of lavender, some meditation, the power of our [#traumatapping](#) specialist all allow for a reprieve from the chaos. [#KítrinosHealthcare](#) [#teamkitrinos](#) [#wecare](#) [#traumatappingtechnique](#) [#psychosocialsupport](#) [#trauma](#) [#volunteer](#) [#charity](#) [#ngo](#) [#Lesbos](#) [#Lesvos](#)



34

7



Team Kítrinos

4 Μαρτίου 2019 · 🌐

A 17 year old unaccompanied minor was moved to the city centre earlier this week. He returned to Moria wanting to see his friends still inside Moria camp, but he was not allowed inside. He opted to climb the sharp, barbed wire fence, jumped from four meters high and hurt his arm. Luckily, this happened close to Kítrinos' emergency room during our Saturday shift. Our doctor recognized immediately the dislocated distal ulnar fracture. First aid was given and the boy was transported to hospital, where he will very likely need surgery on his left wrist. [#kítrinoshealthcare](#) [#teamkitrinos](#) [#wecare](#) [#campMoria](#) [#volunteer](#) [#charity](#) [#healthcare](#)





👍👏 25

3 💬 2 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

Τα πιο σχετικά ▾

🌐 Γράψτε ένα σχόλιο...

Lesley Orrell
Rosemary Russell Damianos this was the name of the group I was trying to remember - possible for Alex. ...

Μου αρέσει! Απάντηση 3 χρ.

Rosemary Russell Damianos
Thanks 😊 I'll mention it to him. ...

Μου αρέσει! Απάντηση 3 χρ.

🌐 Απαντήστε στο χρήστη Lesley Orrell...

Els Peartree
How sad they have to view the few friends they have as prisoners. ...

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Team Kítrinos
27 Φεβρουαρίου 2019

While the weather may be beautiful in London today (the location of our head office), our patients over in Greece are still trapped in a camp that is ill-equipped to deal with the harsh bite of cold winter temperatures. Please donate today to help us care for refugees in Camp Moria all through the winter period.

#stillWinterinMoria #CampMoria #Lesbos #Lesvos #kitrinoshealthcare #teamkitrinos #UKcharity #refugeecharity #refugees #wecare



MUSLIMGIVING.ORG

Online fundraising, fundraising ideas, donate online - MuslimGiving

Donate & fundraise with MuslimGiving, first dedicated muslim online fundraising platform

👍👏 10

1 ➦

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

🌐 Γράψτε ένα σχόλιο...

Team Kítrinos
23 Φεβρουαρίου 2019

A big thank you to our team in Lesvos, who have been working in FOUR clinics today:

"Our first shift was in Kara Tepe, after months of working to secure a collaboration with the camp management.

The Ground Team also had a shift in KEELPNO Cabin in Camp Moria, where we responded to an emergency: a 74-year-old woman was having a heart attack, and needed to be rushed to hospital by an ambulance which took 30-minutes to arrive.

While this was happening, the Ground Team was taking a lead in a campaign to treat scabies and raise awareness about chickenpox in the camp. The team checked more than 200 people today, diagnosed 65 people with scabies. Our team gave them treatment, set up appointment to get clothes and appointments for follow-up with our doctors.

The Ground Team worked tirelessly in the rain and cold. An

exhilarating day which we will never forget."
23/02/2019



41

2 5

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά ▾

Γράψτε ένα σχόλιο...

Janke Westhoff
I have a deep respect for you all who are helping at Lesbos en other places. ...

Μου αρέσει! Απάντηση 3 χρ.

Nasser Almutairi
Great job Kitrinos ❤️ miss working with you ...

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Team Kitrinos
22 Φεβρουαρίου 2019 · 🌐

Thanks to generous donations, our wound dressing area is well-stocked. We see burns survivors, patients with old shrapnel wounds, puncture wounds and more. The stories that accompany these wounds are often heartbreaking, so while it may be just a bandage, it represents so much more. #kitrinoshealthcare #teamkitrinos #wecare #refugees #refugee #Lesvos #healthcare #volunteer #medicine



21

5



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

17 Φεβρουαρίου 2019 ·

...

'Tasos Yfantis, [Operations Director of Doctors of The World] speaking to Greek media, said that there are at least 1,000 people in the jungle who do not have access to proper heating in the winter cold. Yfantis said containers meant to hold no more than 12 people at a time are currently housing at least 30 people due to overcrowding and winter weather.

'Oxfam International said the chronic understaffing in camps like Moria is yet another sign of Greece and its EU partners "failing pregnant women, unaccompanied children, victims of torture or sexual violence and other vulnerable people who seek protection in Europe".'



TRTWORLD.COM

Why is Moria compared to a Nazi concentration camp?

The Greek island camp is full of Afghan refugees, who spend their ...



8



2



6



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Τα πιο σχετικά



Γράψτε ένα σχόλιο...



Μέδεδινς του Κόσμου - Γιατροί του Κόσμου

Hello. Just to clarify, Mr Tasos Yfantis is the Operations Director of Doctors of The World – Greek Delegation and the informative statement was published in Kathimerini newspaper last month. Please as you update your post accordingly.

Μου αρέσει! Απάντηση 3 χρ.



Συντάκτης

Team Kitrinos

Thank you for letting us know!

Μου αρέσει! Απάντηση 3 χρ.



Team Kitrinos

15 Φεβρουαρίου 2019 ·

...

Europe's most dangerous refugee camp (video documentary)



YOUTUBE.COM

Europe's most dangerous refugee camp

Description: Moria refugee camp is overcrowded, dirty and danger...



1



3

μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos
15 Φεβρουαρίου 2019 ·

Our latest [#VolunteerDiaries](#) is now up on our website! Click the link below to hear about Dr Erin's time in Camp Moria...

We would also like to say a massive THANK YOU to Erin and all who helped her to raise an incredible £3,700 through her fundraising efforts, which will help to keep our Camp Moria clinic running into Spring. She was also able to bring over £500 worth of medicine to the clinic, which was an incredible help!

** Are you interested in becoming part of [#TeamKitrinos](#)? Why not register your interest by going to www.kitrinoshealthcare.com/volunteer. **

[#KitrinosHealthcare](#) [#volunteer](#) [#volunteers](#) [#volunteering](#) [#healthcare](#) [#refugees](#) [#healthcareforrefugees](#) [#wecare](#)



KITRINOSHEALTHCARE.ORG

#VolunteerDiaries: Dr Erin's Story

*Disclaimer: text may be upsetting for some readers Having worke...

20 18

μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos
14 Φεβρουαρίου 2019 ·

Selling a kidney to reach Europe



THEGUARDIAN.COM

Selling a kidney to reach Europe

Migrants are travelling to Egypt and selling body parts to pay for p...

15 21

μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...



Team Kitrinos
14 Φεβρουαρίου 2019 ·

Kitrinos volunteer Lucy has got out her running shoes this February and April, to raise funds to keep our services running! A big thank you to Lucy, and everyone who has donated so far. You can read more and show your support at the link below:





TOTALGIVING.CO.UK

TotalGiving™ - Lucy's Kitrinos Fundraiser 2019 - Kitrinos Healthcare - Fundraising Page

3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

13 Φεβρουαρίου 2019 ·

In Camp Moria, people are always waiting: waiting for food, waiting for news, waiting for family, waiting for doctors... We are very aware of how difficult this waiting can be. So when a patient comes to see our attentive doctors, we commit to offering the best care possible, to make it worth the wait. #kitrinoshealthcare #teamkitrinos #CampMoria #wecare #refugees #Greece #NGO #charity #healthcare #healthcarecharity #refugeecharity #volunteer



23

1 1

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...



Lea Boeru

always, all ways thank you for all the work you people are doing! Be blessed!

Μου αρέσει! Απάντηση 3 χρ.

Team Kitrinos

12 Φεβρουαρίου 2019 ·

Dr Tomas is Kitrinos' longest-serving doctor. He is always willing to do what needs to be done for our patients and is a friendly, familiar face for those who we see regularly. #teamkitrinos #kitrinoshealthcare #campmoriam #volunteer #volunteerforkitrinos #refugees #healthcare





64

4 1

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Dem Dx · Ακολουθήστε
Keep up the amazing work 🙌

Μου αρέσει! Απάντηση 3 χρ.

Nasser Almutairi
Great man Tomas Simonek.

Μου αρέσει! Απάντηση 3 χρ.

Abd Alrhm Razouk
You still there that's great Dr Tomas
God bless you
Zlatko

Μου αρέσει! Απάντηση 3 χρ.

Abd Alrhm Razouk
Tomas Simonek

Μου αρέσει! Απάντηση 3 χρ.

Απαντήστε στο χρήστη Abd Alrhma...

Γράψτε ένα σχόλιο...



Team Kitrinos

11 Φεβρουαρίου 2019

#TeamKitrinos work together to make our #CampMoria clinic as efficient, safe, healthy, and friendly as possible. Here, one of our team members brings a much-needed smile to a child's face as he has a burn dressed. #KitrinosHealthcare #healthcare #refugees #healthcareforrefugees #medicine #health #charity #NGO #doctors #volunteer #Lesbos #Lesvos



25 4

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Team Kitrinos
11 Φεβρουαρίου 2019 ·

Can you imagine having no choice but to sleep in a tent with your family during winter, with no protection from the cold besides a single blanket? Winter weather still holds a tight grip on Camp Moria, and paired with icy temperatures, common infectious illnesses like the flu can become life-threatening. Please donate at www.muslimgiving.org/kitrinoswinterappeal to help us provide vital health care services to refugees in Camp Moria at this difficult time of year.

#winter #winterappeal #refugees #CampMoria



MUSLIMGIVING.ORG
Online fundraising, fundraising ideas, donate online - MuslimGiving
Donate & fundraise with MuslimGiving, first dedicated muslim online fundraising platform

5 3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
4 Φεβρουαρίου 2019 ·

2019 in Camp Moria has begun with freezing downpours, leaking tents and flooding in our Kitrinos clinic. Despite it all, our team are determined to continue caring for refugees' health throughout 2019. You can support our work at: <https://www.muslimgiving.org/kitrinoswinterappeal>



MUSLIMGIVING.ORG
Online fundraising, fundraising ideas, donate online - MuslimGiving
Donate & fundraise with MuslimGiving, first dedicated muslim online fundraising platform

8 3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
31 Ιανουαρίου 2019 ·

"The refugees [in Camp Moria] also lack access to medical care, which [Renata] Rendón said is "one of the big issues that comes up when we're talking about the identification of vulnerable people in particular".

...

"There was only one government-appointed camp doctor in Lesbos responsible for screening as many as 2,000 new arrivals each month for much of 2018, the report noted, and medical screenings stalled in November when the doctor quit."

Camp Moria has a desperate need for the Kitrinos clinic to continue running. To support our services, please donate at www.kitrinoshealthcare.org/donate

#kitrinoshealthcare #teamkitrinos #charity #volunteer #refugeecharity #refugees #asylum #asylumseekers #campmoriam #lesvos





INDEPENDENT.CO.UK

Hundreds of torture survivors, pregnant women and children 'abandoned' in Greek refugee camps, Oxfam says

14

8

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

30 Ιανουαρίου 2019

'Asylum claims on Lesbos can take anywhere between six months and more than two years to be resolved. In the second quarter of 2018, Greece faced nearly four times as many asylum claims per capita as Germany.'

NEWSDEEPLY.COM

The Vulnerability Contest

Traumatized Afghan child soldiers who were forced to fight in Syria...

15

2 5

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Kawa Antonio Zarif
Wow, a very factual and well written piece.

Μου αρέσει! Απάντηση 3 χρ.

Valerie Hellermann
this is difficult to read but important

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Team Kitrinos

29 Ιανουαρίου 2019

When resources are stretched thin, the residents of Camp Moria get creative. Here, a newborn stays warm in this makeshift swaddle. With little protection from icy winter temperatures, children in Camp Moria are vulnerable to winter illnesses like the flu and pneumonia. Please DONATE TODAY to help Kitrinos Healthcare care for refugees in Camp Moria, Lesbos: www.totalgiving.co.uk/appeal/WinterinCampMoria. #CampMoria #Lesvos #teamkitrinos #kitrinoshealthcarw #healthcare #charity #refugees #winter #donate





6

2

Μου αρέσει!

Σχόλιο

Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

29 Ιανουαρίου 2019

'Many flee violence and poverty in forgotten places across Africa and beyond, before being kidnapped by traffickers and horribly abused in Libya. In a final bid for freedom, they board crowded, flimsy rafts that launch from the Libyan shore into Mediterranean waters.

...

'Libya is simply not a safe place for refugees and migrants. But instead of responding humanely through a dedicated search and rescue system in the Mediterranean, or by creating safe and legal ways to apply for asylum, the European Union has poured money into building up the Libyan coast guard, which intercepts thousands of migrants and refugees as they attempt to flee. They are returned to Libya and held in official detention centers in atrocious, inhumane conditions. And as conflict erupts again between warring militias in the capital, Tripoli, many of them are directly in the line of fire.'

NEWSDEEPLY.COM

What It Means for Migrants When Europe Blocks Sea Rescues

11

7

Μου αρέσει!

Σχόλιο

Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

28 Ιανουαρίου 2019

Volunteer nurse Sarah is joining #TeamKitrinos in Lesvos this February. You can show your support by donating at:
https://www.totalgiving.co.uk/mypage/sarah_home
#charity #volunteer #refugeecharity #refugees #refugeecamp #campmorla #asylum #asylumseekers #humanrights



TOTALGIVING.CO.UK

TotalGiving™ - Help support and provide aid for the refugees in Lesvos - Kitrinos Healthcare - Fundraising Page

8

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
23 Ιανουαρίου 2019

After a few dry days, the rain returned fiercely today, bringing icy temperatures with it. In the clinic we know that more rain means more burns from heaters and fires. Today we saw many children brought in with burns, and many more with colds and fevers. Here is one young child being bandaged up after burning his arm trying to keep warm. Winter may be the most difficult time of year in refugee camps - please help us care for refugees in Camp Moria by donating at www.kitrinoshealthcare.org/donate. #CampMoria #Lesvos #Lesbos #winter #donate #kitrinoshealthcare #teamkitrinos #winter



20 7

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
23 Ιανουαρίου 2019

(Reposted from @muslimwomenmerton)
"Dr Siyana Mahroof- Shaffi really made an impact on our attendees today teaching us the Trauma Tapping Technique. Everyone left the coffee morning feeling much more relaxed than at the start of the session. We were informed that there are no side effects and helps you look after yourself and others around you.
#mwmcoffeemorning
#traumatappingtechnique"



MIVM
MUSLIM WOMEN OF GREAT BRITAIN

Guest Speaker
Dr Siyana Mahroof-Shaffi
will share techniques



7

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
21 Ιανουαρίου 2019

Calm descends in Moria with the help of Peaceful Heart Network:
We are very proud to announce that the TTT clinic is now officially up and running! We can now offer Trauma/Tension Tapping Technique to stressed and traumatized clients on the spot in a calming environment.
We have been working on TTT outreach over recent months, running workshops for volunteers from Kitrinos and other NGOs, as well as for refugee clients, such as the African men who sadly lost all their belongings, papers and money in the recent Moria fire that destroyed their living quarters.
Life in this notorious refugee camp can be a daily struggle. There is a mental health crisis in Moria, and in the clinic we are regularly faced with people who have suffered unspeakable horrors and have come to us to ask for help and healing.
We hope that tapping therapy will help to lighten the burden that so many of our clients carry. Thank you so much to all of those who support our work: your support is helping us to make life in Camp Moria a little more bearable.
You can donate to Kitrinos Healthcare today by going to www.kitrinoshealthcare.org/donate.
#refugees #campmoria #standwithrefugees #mentalhealth #trauma #ptsd #depression #stress #traumatappingtechnique



25

2

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
17 Ιανουαρίου 2019

' "I see Moria as hell. I know women who gave birth, they had a C-section delivery and after four days they were returned to Moria with their newborn babies. They have to recover under dirty, unhealthy conditions," said Sonia Andreu, a manager at a centre for migrant women on the Aegean island.'





TELEGRAPH.CO.UK

Migrant women with newborn babies sent back to live in tents in notorious Greek refugee camp

16

9

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

16 Ιανουαρίου 2019

A terrifying sight as a tent caught fire in Camp Moria today - thankfully the blaze was quickly extinguished by firefighters and Moria residents, and there were no casualties. #CampMoria #Lesbos #Lesvos #refugees #refugeecamp



19

4

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos

16 Ιανουαρίου 2019

'I am 36 years old and I have 8 children. This jacket is the only one I have to get through winter. Lately, it has been raining a lot. Water enters our tent and it gets really cold. Moria is not a place for families. We do not want to stay here, we have to leave; we want to reach Athens.' said Shahla Nori, a migrant from Afghanistan.'



EURONEWS.COM

Moria migrant camp: Thousands of people remain living in dire conditions in Greece

12

1 5

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Valerie Hellermann It is inhumane



Team Kitrinos

15 Ιανουαρίου 2019 · 🌐



Life in a refugee camp is never easy, but during winter, it can become unbearable. Thanks to your generous donations, we've been able to install heaters in our waiting room, to make visits to our clinic a little more comfortable for our patients during this difficult time of year. Please DONATE to Kitrinos Healthcare today to help #refugees in Moria get through the Winter - we can't do what we do without you! #refugees #medicine #Lesvos #healthcare #healthcareforrefugees #winter #charity #kitrinoshealthcare #teamkitrinos



👍❤️ 14

2 ➦



Μου αρέσει!



Σχόλιο



Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

15 Ιανουαρίου 2019 · 🌐



Early on a Sunday morning, the Kitrinos clinic welcomed an unwell teenage boy. He was freezing from the icy Lesvos weather, asthmatic, and had rashes on his arms and legs.

Due to the difficulty in obtaining diagnostic tests on the weekend, our volunteers have to rule out serious illnesses, like meningitis and tuberculosis.

The team concluded that in this boy's case, he was too vulnerable to risk spending the night in Camp Moria. Despite limited bed spaces, we were able to successfully transfer the boy to hospital, to be monitored under 24/7 care.

A big thank you to our hardworking volunteers, helping out in Camp Moria 6 to 7 days a week.

#KitrinosHealthcare #TeamKitrinos #RefugeeCharity #CampMoria #Asylum #AsylumSeekers #HumanRights





41 3 7

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

- Inma Tejada Moron**
You are great !!!!
Μου αρέσει! Απάντηση 4 χρ.
- Kawa Antonio Zarif**
Kudos!
Μου αρέσει! Απάντηση 4 χρ.
- Vanesa Juarez**
thanks kitrinos team
Μου αρέσει! Απάντηση 4 χρ.

Γράψτε ένα σχόλιο...

Team Kitrinos
14 Ιανουαρίου 2019 ·

Calling all doctors! We need volunteers from Feb 23rd to the end of March to help us in our Camp Moria clinic. Give aid to refugees in Lesvos this 2019.
Fill out our medical volunteer application form at www.kitrinoshealthcare.org/volunteer or drop us an email at volunteer@kitrinoshealthcare.com



Volunteer doctors needed!
Feb and March 2019

19 5 53

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Lori Aylwin
I may be interested. Could you send me information in regards to what you need? I sent an email with my contact information. Thank you, Lori

Μου αρέσει! Απάντηση 3 χρ.
Team Kitrinos
Hi Lori, we have responded to your email. Please let us know if there's anything else we can help you

wiii 😊
 Μου αρέσει! Απάντηση 3 χρ.

Els Blek
 Succes!! ...
 Μου αρέσει! Απάντηση Δείτε τη μετάφραση 4 χρ.

Yvonne Janssen
 David van Dommelen voor Nina 😊👍 ...
 Μου αρέσει! Απάντηση Δείτε τη μετάφραση 4 χρ.

David van Dommelen
 Yvonne Janssen thanks. Nina Achten! ...
 Μου αρέσει! Απάντηση 4 χρ.

Απαντήστε στο χρήστη Yvonne Jans...

Γράψτε ένα σχόλιο...

Team Kitrinos
 14 Ιανουαρίου 2019 · 🌐

Refugees are shivering from the cold in Lesvos this month, seeking shelter from the rain.
 As patients sit in our Camp Moria clinic waiting room, our volunteers offer them hot tea. Despite limited resources, our team know little things can make a big difference. Thank you to our hardworking volunteers.
[#KitrinosHealthcare](#) [#TeamKitrinos](#) [#RefugeeCharity](#) [#CampMoria](#)
[#Asylum](#) [#AsylumSeekers](#) [#HumanRights](#)



29 ❤️ 5 ➦

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
 13 Ιανουαρίου 2019 · 🌐

Cold nights in Lesvos are predicted to be as low as 2 degrees (35 fahrenheit) in the next week, as refugees continue to have only thin tents and sleeping bags for warmth.



YOUTUBE.COM

Moria migrant camp: Thousands of people remain living in

aire conditions in Greece

👍👎❤️ 10 3 ↗

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

👤 Γράψτε ένα σχόλιο...

Team Kitrinos
11 Ιανουαρίου 2019 · 🌐

The team have been deeply saddened to hear that a 24-year-old man died in Camp Moria.

This has been Kitrinos' fourth winter caring for refugees across Greece, yet the camps refugees live in are still so horrendous that young men and women's lives are at risk by living in such terrible conditions.

Parents and children sleep night after night in cold, leaking tents, feeling abandoned by humanity. It will not be much longer before the freezing rain in Lesvos is replaced with ice and snow. Refugees will only have thin sleeping bags to try to keep warm.

It is Kitrinos Healthcare's duty to tend to the sick refugees who have no-one to turn to. We cannot ignore the desperate need for refugees to be seen and cared for.

We rely on donations to continue our work throughout the year, despite the terrible conditions and weather. Our clinic continues to see up to 100 patients per day.

To keep our services running, please donate at www.kitrinoshealthcare.org/donate

#KitrinosHealthcare #TeamKitrinos #RefugeeCharity #CampMoria #Asylum #AsylumSeekers #HumanRights



THEGUARDIAN.COM

Oxfam condemns EU over 'inhumane' Lesbos refugee camp

👍👎❤️ 22 16 ↗

👍 Μου αρέσει! 💬 Σχόλιο ➦ Κοινοποίηση 🌐

👤 Γράψτε ένα σχόλιο...

Team Kitrinos
1 Ιανουαρίου 2019 · 🌐

A very Happy New Year from #teamkitrinos!



Εισαγωγική κάρτα

A group of volunteers including professionals such as doctors, nurses and others. We came together in

📍 Σελίδα · Μη κερδοσκοπικός οργανισμός

📍 London, United Kingdom

✉ admin@teamkitrinos.uk

🌐 teamkitrinos.uk

★ Δεν έχει αξιολογηθεί ακόμα (4 κριτικές) ⓘ

Προτείνετε διορθώσεις

Φωτογραφίες Δείτε όλες τις φωτογραφίες





Πληροφορίες για τα στατιστικά στοιχεία Σελίδων · Απόρρητο · Όροι χρήσης · Διαφημίσεις · Επιλογές διαφήμισης D · Cookies · Περισσότερα · Meta © 2023

16

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
20 Δεκεμβρίου 2018 ·

"In Moria, there is a reprieve found in children. They laugh, they play, they love — despite their circumstances. While it is beautiful to see, there is also a dark side to being a child in Moria: danger can be found everywhere. This boy, finding nothing else to play with, picked up a fish hook. It embedded into his hand. Luckily we were able to tend to it before an infection started. We would like to say such accidents are an exception, but the truth is that the children of ... **Δείτε περισσότερα**



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Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
18 Δεκεμβρίου 2018 ·

West Yorkshire GP Richard and counsellor Liz will be volunteering with Team Kitrinos this winter.
Please donate to support our on-going work in Camp Moria!



KITRINOSHEALTHCARE.CHARITYCHECKOUT.CO.UK

Richard and Liz are volunteering in Camp Moria!
Couple Richard and Liz from West Yorkshire are giving up their win...

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Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Team Kitrinos
18 Δεκεμβρίου 2018 ·

"I am so grateful to Kitrinos Healthcare and the incredible team for giving me the opportunity to help those in need. This little boy, who presented with something not uncommon to be seen in a GP clinic back home, was more susceptible to prolonged infection and slower recovery because of the suboptimal conditions in which he was living at Moria Camp. Treating children in our clinic has given me some of the most heartwarming, yet heartbreaking, experiences I have had during my... **Δείτε περισσότερα**



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Μου αρέσει!

Σχόλιο

Κοινοποίηση



Γράψτε ένα σχόλιο...



Team Kitrinos

12 Δεκεμβρίου 2018

Are you a medical doctor with a few weeks off in 2019? This January, February and March we are looking for volunteer doctors who can help us offer urgent primary care to refugees in Camp Moria, Lesbos. Fill out our volunteer application form at www.kitrinoshealthcare.org/volunteer/

"Team Kitrinos is full of love and compassion . . . my son and I had such a good time [volunteering] that we would like to go again soon!"



-Noureen, volunteer
November 2018

Team Kitrinos

Μη κερδοσκοπικός οργανισμός

Στείλτε μήνυμα

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1 5

Μου αρέσει!

Σχόλιο

Κοινοποίηση

Τα πιο σχετικά



Γράψτε ένα σχόλιο...



Gunilla Hamne

Will share with Medical Doctors I know

Μου αρέσει! Απάντηση 4 χρ.



Team Kitrinos

11 Δεκεμβρίου 2018

"In most parts of the world, winter is met with certain types of excitement. A time to rest, a time to curl up with a book, and a chance to restore. Winter has come to Moria Camp — and with it, a whole new set of challenges. In our tiny clinic, we watch helplessly as patient after patient looks for care and warmth, despite the conditions. To

understand Moria, it is critical to understand the most vulnerable times, as well as the happy moments that make up daily life. For toda...
Δείτε περισσότερα

KITRINOSHEALTHCARE.ORG
www.kitrinoshealthcare.org

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 Μου αρέσει!  Σχόλιο  Κοινοποίηση 

 Γράψτε ένα σχόλιο...



Team Kitrinos

10 Δεκεμβρίου 2018 · 

...

This [#HumanRightsDay](#) thousands of men, women and children are attempting to survive in Moria refugee camp. No child or adult should be forced to live among open-sewage, in a freezing tent, and wait for